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Lord, Thou hast willed, and I execute,

A new light breaks upon the earth,

A new world is born.

The things that were promised are fulfilled.



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MONTHLY REVIEW OF CULTURE

Vol. LXXII

No. 8

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S: *Complete Works of Sri Aurobindo (CWSA)*

(S23: 431-32 would mean pages 431 to 432 in the 23rd volume of CWSA)

M: *Collected Works of the Mother, 2nd Edition (CWM)*

(M5: 374 would mean page 374 in the 5th volume of CWM)

“SRI” IN THE NAME “SRI AUROBINDO”

A LETTER

[This letter of Nolini Kanta Gupta deals with a point which is frequently misunderstood, a point with a deeper significance than mere linguistic usage.

Although its opening “Soeurette: Little Sister” and part of its closing (grand frère: elder brother) are in French, the letter itself was written in English.]

Soeurette,

Mother has shown me the letter you wrote to her about the problem of “Sri” that is troubling you. She wishes me to communicate to you my view of the matter. Well, I shall be frank and forthright. It is an error to think that Sri is only a honorific prefix to Aurobindo which is the real name. It is not so. Sri here does not mean Mr. or Monsieur or Sir, etc. It is part of the name. Sri Aurobindo forms one indivisible word. This is the final form Sri Aurobindo himself gave to his name. And I may tell you that the mantric effect resides in that form.

Sri is no more difficult to pronounce than many Indian or Euro-American syllables. And I think it is not always healthy either to come down to the level of the average European or American under the plea that that is the best way to approach and convert the many. I am afraid it is a vain illusion; better rather to oblige the average to make an effort to rise up and grapple with the truth as it is.

Mother has seen this admonition of mine to you and fully approves of it.

Begging to be excused for perhaps a highbrow tone in my letter, I remain

Your very sincere and affectionate *grand frère*,

NOLINI KANTA GUPTA

(Mother India, February 1981)

***SRI AUROBINDO'S
INTIMATE RELATION
TO THE GITA***

One sees it as a mystery or one speaks of it or
hears of it as a mystery, but none explains it.
Gita II. 29

When men seek after the Immutable, the Indeterminable,
the Unmanifest, the All-Pervading, the Unthinkable,
the Summit Self, the Immobile, the Permanent, equal in
mind to all, intent on the good of all beings, it is to Me that
they come.
Gita XII. 3, 4

One sees it as a mystery or one speaks of it or hears of it as a mystery, but none knows it.

Gita, II.29

When men seek after the Immutable, the Indeterminable, the Unmanifest, the All-Pervading, the Unthinkable, the Summit Self, the Immobile, the Permanent, — equal in mind to all, intent on the good of all beings, it is to Me that they come.

Gita, XII.3,4

Two verses of the Gita translated by Sri Aurobindo

“Vāsudevaḥ sarvaṃ iti sa mahātmā sudurlabhaḥ”

Very rare is the great soul who knows
that Vasudeva the omnipresent Being is all that is

(S19: 285)

When I was arrested and hurried to the Lal Bazar hajat I was shaken in faith for a while, for I could not look into the heart of His intention. Therefore I faltered for a moment and cried out in my heart to Him, “What is this that has happened to me? I believed that I had a mission to work for the people of my country and until that work was done, I should have Thy protection. Why then am I here and on such a charge?” A day passed and a second day and a third, when a voice came to me from within, “Wait and see.” Then I grew calm and waited. I was taken from Lal Bazar to Alipore and was placed for one month in a solitary cell apart from men. There I waited day and night for the voice of God within me, to know what He had to say to me, to learn what I had to do. In this seclusion the earliest realisation, the first lesson came to me. I remembered then that a month or more before my arrest, a call had come to me to put aside all activity, to go into seclusion and to look into myself, so that I might enter into closer communion with Him. I was weak and could not accept the call. My work was very dear to me and in the pride of my heart I thought that unless I was there, it would suffer or even fail and cease; therefore I would not leave it. It seemed to me that He spoke to me again and said, “The bonds you had not strength to break, I have broken for you, because it is not my will nor was it ever my intention that that should continue. I have another thing for you to do and it is for that I have brought you here, to teach you what you could not learn for yourself and to train you for my work.” Then He placed the Gita in my hands. His strength entered into me and I was able to do the *sadhan* of the Gita. I was not only to understand intellectually but to realise what Srikrishna demanded of Arjuna and what He demands of those who aspire to do His work, to be free from repulsion and desire, to do work for Him without the demand for fruit, to renounce self-will and become a passive and faithful instrument in His hands, to have an equal heart for high and low, friend and opponent, success and failure, yet not to do His work negligently. I realised what the Hindu religion meant. We speak often of the Hindu religion, of the Sanatana Dharma, but few of us really know what that religion is. Other religions are preponderatingly religions of faith and profession, but the Sanatana Dharma is life itself; it is a thing that has not so much to be believed as lived. This is the *dharma* that for the salvation of humanity was cherished in the seclusion of this peninsula from of old. It is to give this religion that India is rising. She does not rise as other countries do, for self or when she is strong, to trample on the weak. She is rising to shed the eternal light entrusted to her over the world. India has always existed for humanity and not for herself and it is for humanity and not for herself that she must be great. (S8: 5-6)

*

Therefore this was the next thing He pointed out to me, — He made me realise the central truth of the Hindu religion. He turned the hearts of my jailers to me and they spoke to the Englishman in charge of the jail, “He is suffering in his confinement; let him at least walk outside his cell for half an hour in the morning and in the evening.” So it was arranged, and it was while I was walking that His strength again entered into me. I looked at the jail that secluded me from men and it was no longer by its high walls that I was imprisoned; no, it was Vasudeva who surrounded me. I walked under the branches of the tree in front of my cell, but it was not the tree, I knew it was Vasudeva, it was Srikrishna whom I saw standing there and holding over me His shade. I looked at the bars of my cell, the very grating that did duty for a door and again I saw Vasudeva. It was Narayana who was guarding and standing sentry over me. Or I lay on the coarse blankets that were given me for a couch and felt the arms of Srikrishna around me, the arms of my Friend and Lover. This was the first use of the deeper vision He gave me. I looked at the prisoners in the jail, the thieves, the murderers, the swindlers, and as I looked at them I saw Vasudeva, it was Narayana whom I found in these darkened souls and misused bodies. Amongst these thieves and dacoits there were many who put me to shame by their sympathy, their kindness, the humanity triumphant over such adverse circumstances. One I saw among them especially who seemed to me a saint, a peasant of my nation who did not know how to read and write, an alleged dacoit sentenced to ten years’ rigorous imprisonment, one of those whom we look down upon in our Pharisaical pride of class as *chhotalok*. Once more He spoke to me and said, “Behold the people among whom I have sent you to do a little of my work. This is the nature of the nation I am raising up and the reason why I raise them.”

(S8: 6-7)

Sri Aurobindo considers the message of the Gita to be the basis of the great spiritual movement which has led and will lead humanity more and more to its liberation, that is to say, to its escape from falsehood and ignorance, towards the truth.

From the time of its first appearance, the Gita has had an immense spiritual action; but with the new interpretation that Sri Aurobindo has given to it, its influence has increased considerably and has become decisive.

29 June 1960

(M10: 63)

OUR DEMAND AND NEED FROM THE GITA

The world abounds with scriptures sacred and profane, with revelations and half-revelations, with religions and philosophies, sects and schools and systems. To these the many minds of a half-ripe knowledge or no knowledge at all attach themselves with exclusiveness and passion and will have it that this or the other book is alone the eternal Word of God and all others are either impostures or at best imperfectly inspired, that this or that philosophy is the last word of the reasoning intellect and other systems are either errors or saved only by such partial truth in them as links them to the one true philosophical cult. Even the discoveries of physical Science have been elevated into a creed and in its name religion and spirituality banned as ignorance and superstition, philosophy as frippery and moonshine. And to these bigoted exclusions and vain wranglings even the wise have often lent themselves, misled by some spirit of darkness that has mingled with their light and overshadowed it with some cloud of intellectual egoism or spiritual pride. Mankind seems now indeed inclined to grow a little modester and wiser; we no longer slay our fellows in the name of God's truth or because they have minds differently trained or differently constituted from ours; we are less ready to curse and revile our neighbour because he is wicked or presumptuous enough to differ from us in opinion; we are ready even to admit that Truth is everywhere and cannot be our sole monopoly; we are beginning to look at other religions and philosophies for the truth and help they contain and no longer merely in order to damn them as false or criticise what we conceive to be their errors. But we are still apt to declare that our truth gives us *the* supreme knowledge which other religions or philosophies have missed or only imperfectly grasped so that they deal either with subsidiary and inferior aspects of the truth of things or can merely prepare less evolved minds for the heights to which we have arrived. And we are still prone to force upon ourselves or others the whole sacred mass of the book or gospel we admire, insisting that all shall be accepted as eternally valid truth and no iota or underline or diaeresis denied its part of the plenary inspiration.

It may therefore be useful in approaching an ancient Scripture, such as the Veda, Upanishads or Gita, to indicate precisely the spirit in which we approach it and what exactly we think we may derive from it that is of value to humanity and its future. First of all, there is undoubtedly a Truth one and eternal which we are seeking, from which all other truth derives, by the light of which all other truth finds its right place, explanation and relation to the scheme of knowledge. But precisely for that reason it cannot be shut up in a single trenchant formula, it is not likely to be found in its entirety or in all its bearings in any single philosophy or scripture or uttered altogether and for ever by any one teacher, thinker, prophet or Avatar. Nor has it been wholly found by us if our view of it necessitates the intolerant exclusion of the truth underlying other systems; for when we reject passionately, we mean simply

that we cannot appreciate and explain. Secondly, this Truth, though it is one and eternal, expresses itself in Time and through the mind of man; therefore every Scripture must necessarily contain two elements, one temporary, perishable, belonging to the ideas of the period and country in which it was produced, the other eternal and imperishable and applicable in all ages and countries. Moreover, in the statement of the Truth the actual form given to it, the system and arrangement, the metaphysical and intellectual mould, the precise expression used must be largely subject to the mutations of Time and cease to have the same force; for the human intellect modifies itself always; continually dividing and putting together it is obliged to shift its divisions continually and to rearrange its syntheses; it is always leaving old expression and symbol for new or, if it uses the old, it so changes its connotation or at least its exact content and association that we can never be quite sure of understanding an ancient book of this kind precisely in the sense and spirit it bore to its contemporaries. What is of entirely permanent value is that which besides being universal has been experienced, lived and seen with a higher than the intellectual vision.

I hold it therefore of small importance to extract from the Gita its exact metaphysical connotation as it was understood by the men of the time, — even if that were accurately possible. That it is not possible, is shown by the divergence of the original commentaries which have been and are still being written upon it; for they all agree in each disagreeing with all the others, each finds in the Gita its own system of metaphysics and trend of religious thought. Nor will even the most painstaking and disinterested scholarship and the most luminous theories of the historical development of Indian philosophy save us from inevitable error. But what we can do with profit is to seek in the Gita for the actual living truths it contains, apart from their metaphysical form, to extract from it what can help us or the world at large and to put it in the most natural and vital form and expression we can find that will be suitable to the mentality and helpful to the spiritual needs of our present-day humanity. No doubt in this attempt we may mix a good deal of error born of our own individuality and of the ideas in which we live, as did greater men before us, but if we steep ourselves in the spirit of this great Scripture and, above all, if we have tried to live in that spirit, we may be sure of finding in it as much real truth as we are capable of receiving as well as the spiritual influence and actual help that, personally, we were intended to derive from it. And that is after all what Scriptures were written to give; the rest is academical disputation or theological dogma. Only those Scriptures, religions, philosophies which can be thus constantly renewed, relived, their stuff of permanent truth constantly reshaped and developed in the inner thought and spiritual experience of a developing humanity, continue to be of living importance to mankind. The rest remain as monuments of the past, but have no actual force or vital impulse for the future.

In the Gita there is very little that is merely local or temporal and its spirit is so

large, profound and universal that even this little can easily be universalised without the sense of the teaching suffering any diminution or violation; rather by giving an ampler scope to it than belonged to the country and epoch, the teaching gains in depth, truth and power. Often indeed the Gita itself suggests the wider scope that can in this way be given to an idea in itself local or limited. Thus it dwells on the ancient Indian system and idea of sacrifice as an interchange between gods and men, — a system and idea which have long been practically obsolete in India itself and are no longer real to the general human mind; but we find here a sense so entirely subtle, figurative and symbolic given to the word “sacrifice” and the conception of the gods is so little local or mythological, so entirely cosmic and philosophical that we can easily accept both as expressive of a practical fact of psychology and general law of Nature and so apply them to the modern conceptions of interchange between life and life and of ethical sacrifice and self-giving as to widen and deepen these and cast over them a more spiritual aspect and the light of a profounder and more far-reaching Truth. Equally the idea of action according to the Shastra, the fourfold order of society, the allusion to the relative position of the four orders or the comparative spiritual disabilities of Shudras and women seem at first sight local and temporal, and, if they are too much pressed in their literal sense, narrow so much at least of the teaching, deprive it of its universality and spiritual depth and limit its validity for mankind at large. But if we look behind to the spirit and sense and not at the local name and temporal institution, we see that here too the sense is deep and true and the spirit philosophical, spiritual and universal. By Shastra we perceive that the Gita means the law imposed on itself by humanity as a substitute for the purely egoistic action of the natural unregenerate man and a control on his tendency to seek in the satisfaction of his desire the standard and aim of his life. We see too that the fourfold order of society is merely the concrete form of a spiritual truth which is itself independent of the form; it rests on the conception of right works as a rightly ordered expression of the nature of the individual being through whom the work is done, that nature assigning him his line and scope in life according to his inborn quality and his self-expressive function. Since this is the spirit in which the Gita advances its most local and particular instances, we are justified in pursuing always the same principle and looking always for the deeper general truth which is sure to underlie whatever seems at first sight merely local and of the time. For we shall find always that the deeper truth and principle is implied in the grain of the thought even when it is not expressly stated in its language.

Nor shall we deal in any other spirit with the element of philosophical dogma or religious creed which either enters into the Gita or hangs about it owing to its use of the philosophical terms and religious symbols current at the time. When the Gita speaks of Sankhya and Yoga, we shall not discuss beyond the limits of what is just essential for our statement, the relations of the Sankhya of the Gita with its one Purusha and strong Vedantic colouring to the non-theistic or “atheistic” Sankhya

that has come down to us bringing with it its scheme of many Purushas and one Prakriti, nor of the Yoga of the Gita, many-sided, subtle, rich and flexible to the theistic doctrine and the fixed, scientific, rigorously defined and graded system of the Yoga of Patanjali. In the Gita the Sankhya and Yoga are evidently only two convergent parts of the same Vedantic truth or rather two concurrent ways of approaching its realisation, the one philosophical, intellectual, analytic, the other intuitional, devotional, practical, ethical, synthetic, reaching knowledge through experience. The Gita recognises no real difference in their teachings. Still less need we discuss the theories which regard the Gita as the fruit of some particular religious system or tradition. Its teaching is universal whatever may have been its origins.

The philosophical system of the Gita, its arrangement of truth, is not that part of its teaching which is the most vital, profound, eternally durable; but most of the material of which the system is composed, the principal ideas suggestive and penetrating which are woven into its complex harmony, are eternally valuable and valid; for they are not merely the luminous ideas or striking speculations of a philosophic intellect, but rather enduring truths of spiritual experience, verifiable facts of our highest psychological possibilities which no attempt to read deeply the mystery of existence can afford to neglect. Whatever the system may be, it is not, as the commentators strive to make it, framed or intended to support any exclusive school of philosophical thought or to put forward predominantly the claims of any one form of Yoga. The language of the Gita, the structure of thought, the combination and balancing of ideas belong neither to the temper of a sectarian teacher nor to the spirit of a rigorous analytical dialectics cutting off one angle of the truth to exclude all the others; but rather there is a wide, undulating, encircling movement of ideas which is the manifestation of a vast synthetic mind and a rich synthetic experience. This is one of those great syntheses in which Indian spirituality has been as rich as in its creation of the more intensive, exclusive movements of knowledge and religious realisation that follow out with an absolute concentration one clue, one path to its extreme issues. It does not cleave asunder, but reconciles and unifies.

The thought of the Gita is not pure Monism although it sees in one unchanging, pure, eternal Self the foundation of all cosmic existence, nor Mayavada although it speaks of the Maya of the three modes of Prakriti omnipresent in the created world; nor is it qualified Monism although it places in the One his eternal supreme Prakriti manifested in the form of the Jiva and lays most stress on dwelling in God rather than dissolution as the supreme state of spiritual consciousness; nor is it Sankhya although it explains the created world by the double principle of Purusha and Prakriti; nor is it Vaishnava Theism although it presents to us Krishna, who is the Avatara of Vishnu according to the Puranas, as the supreme Deity and allows no essential difference nor any actual superiority of the status of the indefinable relationless Brahman over that of this Lord of beings who is the Master of the universe and the Friend of all creatures. Like the earlier spiritual synthesis of the Upanishads this

later synthesis at once spiritual and intellectual avoids naturally every such rigid determination as would injure its universal comprehensiveness. Its aim is precisely the opposite to that of the polemist commentators who found this Scripture established as one of the three highest Vedantic authorities and attempted to turn it into a weapon of offence and defence against other schools and systems. The Gita is not a weapon for dialectical warfare; it is a gate opening on the whole world of spiritual truth and experience and the view it gives us embraces all the provinces of that supreme region. It maps out, but it does not cut up or build walls or hedges to confine our vision.

There have been other syntheses in the long history of Indian thought. We start with the Vedic synthesis of the psychological being of man in its highest flights and widest rangings of divine knowledge, power, joy, life and glory with the cosmic existence of the gods, pursued behind the symbols of the material universe into those superior planes which are hidden from the physical sense and the material mentality. The crown of this synthesis was in the experience of the Vedic Rishis something divine, transcendent and blissful in whose unity the increasing soul of man and the eternal divine fullness of the cosmic godheads meet perfectly and fulfil themselves. The Upanishads take up this crowning experience of the earlier seers and make it their starting-point for a high and profound synthesis of spiritual knowledge; they draw together into a great harmony all that had been seen and experienced by the inspired and liberated knowers of the Eternal throughout a great and fruitful period of spiritual seeking. The Gita starts from this Vedantic synthesis and upon the basis of its essential ideas builds another harmony of the three great means and powers, Love, Knowledge and Works, through which the soul of man can directly approach and cast itself into the Eternal. There is yet another, the Tantric,¹ which though less subtle and spiritually profound, is even more bold and forceful than the synthesis of the Gita, — for it seizes even upon the obstacles to the spiritual life and compels them to become the means for a richer spiritual conquest and enables us to embrace the whole of Life in our divine scope as the Lila² of the Divine; and in some directions it is more immediately rich and fruitful, for it brings forward into the foreground along with divine knowledge, divine works and an enriched devotion of divine Love, the secrets also of the Hatha and Raja Yogas, the use of the body and of mental askesis for the opening up of the divine life on all its planes, to which the Gita gives only a passing and perfunctory attention. Moreover it grasps at that idea of the divine perfectibility of man, possessed by the Vedic Rishis but thrown into the background by the intermediate ages, which is destined to fill so large a place in any future synthesis of human thought, experience and aspiration.

We of the coming day stand at the head of a new age of development which must lead to such a new and larger synthesis. We are not called upon to be orthodox

1. All the Puranic tradition, it must be remembered, draws the richness of its contents from the Tantra.

2. The cosmic Play.

Vedantins of any of the three schools or Tantrics or to adhere to one of the theistic religions of the past or to entrench ourselves within the four corners of the teaching of the Gita. That would be to limit ourselves and to attempt to create our spiritual life out of the being, knowledge and nature of others, of the men of the past, instead of building it out of our own being and potentialities. We do not belong to the past dawns, but to the noons of the future. A mass of new material is flowing into us; we have not only to assimilate the influences of the great theistic religions of India and of the world and a recovered sense of the meaning of Buddhism, but to take full account of the potent though limited revelations of modern knowledge and seeking; and, beyond that, the remote and dateless past which seemed to be dead is returning upon us with an effulgence of many luminous secrets long lost to the consciousness of mankind but now breaking out again from behind the veil. All this points to a new, a very rich, a very vast synthesis; a fresh and widely embracing harmonisation of our gains is both an intellectual and a spiritual necessity of the future. But just as the past syntheses have taken those which preceded them for their starting-point, so also must that of the future, to be on firm ground, proceed from what the great bodies of realised spiritual thought and experience in the past have given. Among them the Gita takes a most important place.

Our object, then, in studying the Gita will not be a scholastic or academical scrutiny of its thought, nor to place its philosophy in the history of metaphysical speculation, nor shall we deal with it in the manner of the analytical dialectician. We approach it for help and light and our aim must be to distinguish its essential and living message, that in it on which humanity has to seize for its perfection and its highest spiritual welfare. (S19: 3-11)

The world — a battlefield

But the spiritual life, like the mental, may thus make use of this outward existence for the benefit of the individual with a perfect indifference to any collective uplifting of the merely symbolic world which it uses. Since the Eternal is for ever the same in all things and all things the same to the Eternal, since the exact mode of action and the result are of no importance compared with the working out in oneself of the one great realisation, this spiritual indifference accepts no matter what environment, no matter what action, dispassionately, prepared to retire as soon as its own supreme end is realised. It is so that many have understood the ideal of the Gita. Or else the inner love and bliss may pour itself out on the world in good deeds, in service, in compassion, the inner Truth in the giving of knowledge, without therefore attempting the transformation of a world which must by its inalienable nature remain a battlefield of the dualities, of sin and virtue, of truth and error, of joy and suffering.

But if Progress also is one of the chief terms of world-existence and a progressive manifestation of the Divine the true sense of Nature, this limitation also is invalid. It

is possible for the spiritual life in the world, and it is its real mission, to change the material life into its own image, the image of the Divine. (S23: 27)

Will and Faith — the two keys

The eventual omnipotence of Tapas and the infallible fulfilment of the Idea are the very foundation of all Yoga. In man we render these terms by Will and Faith, — a will that is eventually self-effective because it is of the substance of Knowledge and a faith that is the reflex in the lower consciousness of a Truth or real Idea yet unrealised in the manifestation. It is this self-certainty of the Idea which is meant by the Gita when it says, *yo yac-*chraddhaḥ sa eva saḥ**, “whatever is a man’s faith or the sure Idea in him, that he becomes.” (S23: 44)

The written word and its eventual surpassing

For the sadhaka of the integral Yoga it is necessary to remember that no written Shastra, however great its authority or however large its spirit, can be more than a partial expression of the eternal Knowledge. He will use, but never bind himself even by the greatest Scripture. Where the Scripture is profound, wide, catholic, it may exercise upon him an influence for the highest good and of incalculable importance. It may be associated in his experience with his awakening to crowning verities and his realisation of the highest experiences. His Yoga may be governed for a long time by one Scripture or by several successively, — if it is in the line of the great Hindu tradition, by the Gita, for example, the Upanishads, the Veda. Or it may be a good part of his development to include in its material a richly varied experience of the truths of many Scriptures and make the future opulent with all that is best in the past. But in the end he must take his station, or better still, if he can, always and from the beginning he must live in his own soul beyond the limitations of the word that he uses. The Gita itself thus declares that the Yogin in his progress must pass beyond the written Truth, — *śabdabrahmātivartate* — beyond all that he has heard and all that he has yet to hear, — *śrotavyasya śrutasya ca*. (S23: 55)

Gita — the greatest gospel of spiritual works

The greatest gospel of spiritual works ever yet given to the race, the most perfect system of Karmayoga known to man in the past, is to be found in the Bhagavad Gita. In that famous episode of the Mahabharata the great basic lines of Karmayoga are laid down for all time with an incomparable mastery and the infallible eye of an assured experience. It is true that the path alone, as the ancients saw it, is worked out fully: the perfect fulfilment, the highest secret³ is hinted rather than developed;

3. *Rahasyam uttamam*.

it is kept back as an unexpressed part of a supreme mystery. There are obvious reasons for this reticence; for the fulfilment is in any case a matter for experience and no teaching can express it. It cannot be described in a way that can really be understood by a mind that has not the effulgent transmuting experience. And for the soul that has passed the shining portals and stands in the blaze of the inner light, all mental and verbal description is as poor as it is superfluous, inadequate and an impertinence. All divine consummations have perforce to be figured by us in the inapt and deceptive terms of a language which was made to fit the normal experience of mental man; so expressed, they can be rightly understood only by those who already know, and, knowing, are able to give these poor external terms a changed, inner and transfigured sense. As the Vedic Rishis insisted in the beginning, the words of the supreme wisdom are expressive only to those who are already of the wise. The Gita at its cryptic close may seem by its silence to stop short of that solution for which we are seeking; it pauses at the borders of the highest spiritual mind and does not cross them into the splendours of the supramental Light. And yet its secret of dynamic, and not only static, identity with the inner Presence, its highest mystery of absolute surrender to the Divine Guide, Lord and Inhabitant of our nature, is the central secret. This surrender is the indispensable means of the supramental change and, again, it is through the supramental change that the dynamic identity becomes possible.

What then are the lines of Karmayoga laid down by the Gita? Its key principle, its spiritual method, can be summed up as the union of two largest and highest states or powers of consciousness, equality and oneness. The kernel of its method is an unreserved acceptance of the Divine in our life as in our inner self and spirit. An inner renunciation of personal desire leads to equality, accomplishes our total surrender to the Divine, supports a delivery from dividing ego which brings us oneness. But this must be a oneness in dynamic force and not only in static peace or inactive beatitude. The Gita promises us freedom for the spirit even in the midst of works and the full energies of Nature, if we accept subjection of our whole being to that which is higher than the separating and limiting ego. It proposes an integral dynamic activity founded on a still passivity; a largest possible action irrevocably based on an immobile calm is its secret, — free expression out of a supreme inward silence. (S23: 94-95)

Mounted as on a machine turn all creatures

There is a secret divine Will, eternal and infinite, omniscient and omnipotent, that expresses itself in the universality and in each particular of all these apparently temporal and finite inconscient or half-conscient things. This is the Power or Presence meant by the Gita when it speaks of the Lord within the heart of all existences who turns all creatures as if mounted on a machine by the illusion of Nature. (S23: 97)

The metaphysical dogma of the Gita not indispensable

It is not indispensable for the Karmayoga to accept implicitly all the philosophy of the Gita. We may regard it, if we like, as a statement of psychological experience useful as a practical basis for the Yoga; here it is perfectly valid and in entire consonance with a high and wide experience. (S23: 100)

The first Godward approaches in the Gita's Karmayoga

In the field of action desire takes many forms, but the most powerful of all is the vital self's craving or seeking after the fruit of our works. The fruit we covet may be a reward of internal pleasure; it may be the accomplishment of some preferred idea or some cherished will or the satisfaction of the egoistic emotions, or else the pride of success of our highest hopes and ambitions. Or it may be an external reward, a recompense entirely material, — wealth, position, honour, victory, good fortune or any other fulfilment of vital or physical desire. But all alike are lures by which egoism holds us. Always these satisfactions delude us with the sense of mastery and the idea of freedom, while really we are harnessed and guided or ridden and whipped by some gross or subtle, some noble or ignoble, figure of the blind Desire that drives the world. Therefore the first rule of action laid down by the Gita is to do the work that should be done without any desire for the fruit, *niṣkāma karma*.

A simple rule in appearance, and yet how difficult to carry out with anything like an absolute sincerity and liberating entireness! In the greater part of our action we use the principle very little if at all, and then even mostly as a sort of counterpoise to the normal principle of desire and to mitigate the extreme action of that tyrant impulse. At best, we are satisfied if we arrive at a modified and disciplined egoism not too shocking to our moral sense, not too brutally offensive to others. And to our partial self-discipline we give various names and forms; we habituate ourselves by practice to the sense of duty, to a firm fidelity to principle, a stoical fortitude or a religious resignation, a quiet or an ecstatic submission to God's will. But it is not these things that the Gita intends, useful though they are in their place; it aims at something absolute, unmitigated, uncompromising, a turn, an attitude that will change the whole poise of the soul. Not the mind's control of vital impulse is its rule, but the strong immobility of an immortal spirit.

The test it lays down is an absolute equality of the mind and the heart to all results, to all reactions, to all happenings. If good fortune and ill fortune, if respect and insult, if reputation and obloquy, if victory and defeat, if pleasant event and sorrowful event leave us not only unshaken but untouched, free in the emotions, free in the nervous reactions, free in the mental view, not responding with the least disturbance or vibration in any spot of the nature, then we have the absolute liberation

to which the Gita points us, but not otherwise. The tiniest reaction is a proof that the discipline is imperfect and that some part of us accepts ignorance and bondage as its law and clings still to the old nature. Our self-conquest is only partially accomplished; it is still imperfect or unreal in some stretch or part or smallest spot of the ground of our nature. And that little pebble of imperfection may throw down the whole achievement of the Yoga!

There are certain semblances of an equal spirit which must not be mistaken for the profound and vast spiritual equality which the Gita teaches. There is an equality of disappointed resignation, an equality of pride, an equality of hardness and indifference: all these are egoistic in their nature. Inevitably they come in the course of the sadhana, but they must be rejected or transformed into the true quietude. There is too, on a higher level, the equality of the stoic, the equality of a devout resignation or a sage detachment, the equality of a soul aloof from the world and indifferent to its doings. These too are insufficient; first approaches they can be, but they are at most early soul-phases only or imperfect mental preparations for our entry into the true and absolute self-existent wide evenness of the spirit.

For it is certain that so great a result cannot be arrived at immediately and without any previous stages. At first we have to learn to bear the shocks of the world with the central part of our being untouched and silent, even when the surface mind, heart, life are strongly shaken; unmoved there on the bedrock of our life, we must separate the soul watching behind or immune deep within from these outer workings of our nature. Afterwards, extending this calm and steadfastness of the detached soul to its instruments, it will become slowly possible to radiate peace from the luminous centre to the darker peripheries. In this process we may take the passing help of many minor phases; a certain stoicism, a certain calm philosophy, a certain religious exaltation may help us towards some nearness to our aim, or we may call in even less strong and exalted but still useful powers of our mental nature. In the end we must either discard or transform them and arrive instead at an entire equality, a perfect self-existent peace within and even, if we can, a total unassailable, self-poised and spontaneous delight in all our members.

But how then shall we continue to act at all? For ordinarily the human being acts because he has a desire or feels a mental, vital or physical want or need; he is driven by the necessities of the body, by the lust of riches, honours or fame, or by a craving for the personal satisfactions of the mind or the heart or a craving for power or pleasure. Or he is seized and pushed about by a moral need or, at least, the need or the desire of making his ideas or his ideals or his will or his party or his country or his gods prevail in the world. If none of these desires nor any other must be the spring of our action, it would seem as if all incentive or motive power had been removed and action itself must necessarily cease. The Gita replies with its third great secret of the divine life. All action must be done in a more and more Godward and finally a God-possessed consciousness; our works must be a sacrifice to the

Divine and in the end a surrender of all our being, mind, will, heart, sense, life and body to the One must make God-love and God-service our only motive. This transformation of the motive force and very character of works is indeed its master idea; it is the foundation of its unique synthesis of works, love and knowledge. In the end not desire, but the consciously felt will of the Eternal remains as the sole driver of our action and the sole originator of its initiative.

Equality, renunciation of all desire for the fruit of our works, action done as a sacrifice to the supreme Lord of our nature and of all nature, — these are the three first Godward approaches in the Gita's way of Karmayoga. (S23: 102-05)

The Law of Sacrifice

The law of sacrifice is the common divine action that was thrown out into the world in its beginning as a symbol of the solidarity of the universe. It is by the attraction of this law that a divinising principle, a saving power descends to limit and correct and gradually to eliminate the errors of an egoistic and self-divided creation. This descent, this sacrifice of the Purusha, the Divine Soul submitting itself to Force and Matter so that it may inform and illuminate them, is the seed of redemption of this world of Inconscience and Ignorance. "For with sacrifice as their companion," says the Gita, "the All-Father created these peoples." The acceptance of the law of sacrifice is a practical recognition by the ego that it is neither alone in the world nor chief in the world. It is its admission that, even in this much fragmented existence, there is beyond itself and behind that which is not its own egoistic person, something greater and completer, a diviner All which demands from it subordination and service. Indeed, sacrifice is imposed and, where need be, compelled by the universal World-Force; it takes it even from those who do not consciously recognise the law, — inevitably, because this is the intrinsic nature of things. Our ignorance or our false egoistic view of life can make no difference to this eternal bedrock truth of Nature. For this is the truth in Nature, that this ego which thinks itself a separate independent being and claims to live for itself, is not and cannot be independent nor separate, nor can it live to itself even if it would, but rather all are linked together by a secret Oneness. (S23:106)

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The law of sacrifice travels in Nature towards its culmination in this complete and unreserved self-giving; it awakens the consciousness of one common self in the giver and the object of the sacrifice. This culmination of sacrifice is the height even of human love and devotion when it tries to become divine; for there too the highest peak of love points into a heaven of complete mutual self-giving, its summit is the rapturous fusing of two souls into one.

This profounder idea of the world-wide law is at the heart of the teaching about works given in the Gita; a spiritual union with the Highest by sacrifice, an unreserved self-giving to the Eternal is the core of its doctrine. The vulgar conception of sacrifice is an act of painful self-immolation, austere self-mortification, difficult self-effacement; this kind of sacrifice may go even as far as self-mutilation and self-torture. These things may be temporarily necessary in man's hard endeavour to exceed his natural self; if the egoism in his nature is violent and obstinate, it has to be met sometimes by an answering strong internal repression and counterbalancing violence. But the Gita discourages any excess of violence done to oneself; for the self within is really the Godhead evolving, it is Krishna, it is the Divine; it has not to be troubled and tortured as the Titans of the world trouble and torture it, but to be increased, fostered, cherished, luminously opened to a divine light and strength and joy and wideness. It is not one's self, but the band of the spirit's inner enemies that we have to discourage, expel, slay upon the altar of the growth of the spirit; these can be ruthlessly excised, whose names are desire, wrath, inequality, greed, attachment to outward pleasures and pains, the cohort of usurping demons that are the cause of the soul's errors and sufferings. These should be regarded not as part of oneself but as intruders and perverters of our self's real and diviner nature; these have to be sacrificed in the harsher sense of the word, whatever pain in going they may throw by reflection on the consciousness of the seeker. (S23: 108-09)

The Gita does not advise abandonment of the works of life

Every kind of solution has been offered from the entire abandonment of works and life, so far as that is physically possible, to the acceptance of life as it is but with a new spirit animating and uplifting its movements, in appearance the same as they were but changed in the spirit behind them and therefore in their inner significance. The extreme solution insisted on by the world-shunning ascetic or the inward-turned ecstatic and self-oblivious mystic is evidently foreign to the purpose of an integral Yoga, — for if we are to realise the Divine in the world, it cannot be done by leaving aside the world-action and action itself altogether. At a less high pitch it was laid down by the religious mind in ancient times that one should keep only such actions as are in their nature part of the seeking, service or cult of the Divine and such others as are attached to these or, in addition, those that are indispensable to the ordinary setting of life but done in a religious spirit and according to the injunctions of traditional religion and Scripture. But this is too formalist a rule for the fulfilment of the free spirit in works, and it is besides professedly no more than a provisional solution for tiding over the transition from life in the world to a life in the Beyond which still remains the sole ultimate purpose. An integral Yoga must lean rather to the catholic injunction of the Gita that even the liberated soul, living in the Truth, should still do all the works of life so that the plan of the universal evolution

under a secret divine leading may not languish or suffer. But if all works are to be done with the same forms and on the same lines as they are now done in the Ignorance, our gain is only inward and our life is in danger of becoming the dubious and ambiguous formula of an inner Light doing the works of an outer Twilight, the perfect Spirit expressing itself in a mould of imperfection foreign to its own divine nature. If no better can be done for a time, — and during a long period of transition something like this does inevitably happen, — then so it must remain till things are ready and the spirit within is powerful enough to impose its own forms on the life of the body and the world outside; but this can be accepted only as a transitional stage and not as our soul's ideal or the ultimate goal of the passage. (S23: 135-36)

The abandonment of egoistic motives

The work itself is at first determined by the best light we can command in our ignorance. It is that which we conceive as the thing that should be done. And whether it be shaped by our sense of duty, by our feeling for our fellow-creatures, by our idea of what is for the good of others or the good of the world or by the direction of one whom we accept as a human Master, wiser than ourselves and for us the representative of that Lord of all works in whom we believe but whom we do not yet know, the principle is the same. The essential of the sacrifice of works must be there and the essential is the surrender of all desire for the fruit of our works, the renunciation of all attachment to the result for which yet we labour. For so long as we work with attachment to the result, the sacrifice is offered not to the Divine, but to our ego. We may think otherwise, but we are deceiving ourselves; we are making our idea of the Divine, our sense of duty, our feeling for our fellow-creatures, our idea of what is good for the world or others, even our obedience to the Master a mask for our egoistic satisfactions and preferences and a specious shield against the demand made on us to root all desire out of our nature.

At this stage of the Yoga and even throughout the Yoga this form of desire, this figure of the ego is the enemy against whom we have to be always on our guard with an unsleeping vigilance. We need not be discouraged when we find him lurking within us and assuming all sorts of disguises, but we should be vigilant to detect him in all his masks and inexorable in expelling his influence. The illumining Word of this movement is the decisive line of the Gita, "To action thou hast a right but never under any circumstances to its fruit." The fruit belongs solely to the Lord of all works; our only business with it is to prepare success by a true and careful action and to offer it, if it comes, to the divine Master. Afterwards even as we have renounced attachment to the fruit, we must renounce attachment to the work also; at any moment we must be prepared to change one work, one course or one field of action for another or abandon all works if that is the clear command of the Master. Otherwise we do the act not for his sake but for our satisfaction and pleasure in the work, from

the kinetic nature's need of action or for the fulfilment of our propensities; but these are all stations and refuges of the ego. However necessary for our ordinary motion of life, they have to be abandoned in the growth of the spiritual consciousness and replaced by divine counterparts: an Ananda, an impersonal and God-directed delight will cast out or supplant the unillumined vital satisfaction and pleasure, a joyful driving of the Divine Energy the kinetic need; the fulfilment of the propensities will no longer be an object or a necessity, there will be instead the fulfilment of the Divine Will through the natural dynamic truth in action of a free soul and a luminous nature. In the end, as the attachment to the fruit of the work and to the work itself has been excised from the heart, so also the last clinging attachment to the idea and sense of ourselves as the doer has to be relinquished; the Divine Shakti must be known and felt above and within us as the true and sole worker. (S23: 221-23)

The Gita's Karmayoga as developed for the Integral spiritual life

I do not mean by work action done in the ego and the ignorance, for the satisfaction of the ego and in the drive of rajasic desire. There can be no Karmayoga without the will to get rid of ego, rajas and desire, which are the seals of ignorance.

I do not mean philanthropy or the service of humanity or all the rest of the things — moral or idealistic — which the mind of man substitutes for the deeper truth of works.

I mean by work action done for the Divine and more and more in union with the Divine — for the Divine alone and nothing else. Naturally that is not easy at the beginning, any more than deep meditation and luminous knowledge are easy or even true love and bhakti are easy. But like the others it has to be begun in the right spirit and attitude, with the right will in you, then all the rest will come.

Works done in this spirit are quite as effective as bhakti or contemplation. One gets by the rejection of desire, rajas and ego a quietude and purity into which the Peace ineffable can descend; one gets by the dedication of one's will to the Divine, by the merging of one's will in the Divine Will the death of ego and the enlarging into the cosmic consciousness or else the uplifting into what is above the cosmic; one experiences the separation of Purusha from Prakriti and is liberated from the shackles of the outer nature; one becomes aware of one's inner being and feels the outer as an instrument; one feels the universal Force doing one's works and the Self or Purusha watching or witness but free; one feels all one's works taken from one and done by the universal or the supreme Mother or by the Divine Power controlling and acting from behind the heart. By constant reference of all one's will and works to the Divine, love and adoration grow, the psychic being comes forward. By the reference to the Power above we can come to feel it above and its descent and the opening to an increasing consciousness and knowledge. Finally works, bhakti and knowledge join together and self perfection becomes possible — what we call the

transformation of the nature.

These results certainly do not come all at once; they come more or less slowly, more or less completely according to the condition and growth of the being. There is no royal road to the divine realisation.

This is the Karmayoga as it is laid down in the Gita as I have developed it for the integral spiritual life. It is founded not on speculation and reasoning but on experience. It does not exclude meditation and it certainly does not exclude bhakti, for the self-offering to the Divine, the consecration of all oneself to the Divine which is the essence of this Karmayoga are essentially a movement of bhakti. Only it does exclude a life-fleeing exclusive meditation or an emotional bhakti shut up in its own inner dream taken as the whole movement of the Yoga. One may have hours of pure absorbed meditation or of the inner motionless adoration and ecstasy, but they are not the whole of the integral Yoga. (S29: 216-18)

Karmayoga — a great, ancient and unique path

I may point out that Karmayoga is not a new but a very old Yoga: the Gita was not written yesterday and Karmayoga existed before the Gita. Your idea that the only justification in the Gita for works is that it is an unavoidable nuisance, so better make the best of it, is rather summary and crude. If that were all, the Gita would be the production of an imbecile and I would hardly have been justified in writing two volumes on it or the world in admiring it as one of the greatest scriptures, especially for its treatment of the problem of the place of works in spiritual endeavour. There is surely more in it than that. Anyhow your doubt whether works can lead to realisation or rather your flat and sweeping denial of the possibility contradicts the experience of those who have achieved this supposed impossibility. You say that work lowers the consciousness, brings you out of the inner into the outer — yes, if you consent to externalise yourself in it instead of doing works from within; but that is just what one has to learn not to do. Thought and feeling can also externalise one in the same way; but it is a question of linking thought, feeling and act firmly to the inner consciousness by living there and making the rest an instrument. Difficult? Even bhakti is not easy and Nirvana is for most men more difficult than all.

(S29: 219-20)

Karmayoga is the best way to begin

Action is the first power of life. Nature begins with force and its works which, once conscious in man, become will and its achievements; therefore it is that by turning his action Godwards the life of man best and most surely begins to become divine. It is the door of first access, the starting-point of the initiation. When the will in him is made one with the divine will and the whole action of the being proceeds from

the Divine and is directed towards the Divine, the union in works is perfectly accomplished. But works fulfil themselves in knowledge; all the totality of works, says the Gita, finds its rounded culmination in knowledge, *sarvam karmākhilam jñāne parisamāpyate*. By union in will and works we become one in the omnipresent conscious being from whom all our will and works have their rise and draw their power and in whom they fulfil the round of their energies. And the crown of this union is love; for love is the delight of conscious union with the Being in whom we live, act and move, by whom we exist, for whom alone we learn in the end to act and to be. That is the trinity of our powers, the union of all three in God to which we arrive when we start from works as our way of access and our line of contact.

(S24: 545-46)

The ceasing of temporary ethical structures

In the light of this progressive manifestation of the Spirit, first apparently bound in the Ignorance, then free in the power and wisdom of the Infinite, we can better understand the great and crowning injunction of the Gita to the Karmayogin, “Abandoning all dharmas, all principles and laws and rules of conduct, take refuge in me alone.” All standards and rules are temporary constructions founded upon the needs of the ego in its transition from Matter to Spirit. These makeshifts have a relative imperativeness so long as we rest satisfied in the stages of transition, content with the physical and vital life, attached to the mental movement, or even fixed in the ranges of the mental plane that are touched by the spiritual lustres. But beyond is the unwallled wideness of a supramental infinite consciousness and there all temporary structures cease. It is not possible to enter utterly into the spiritual truth of the Eternal and Infinite if we have not the faith and courage to trust ourselves into the hands of the Lord of all things and the Friend of all creatures and leave utterly behind us our mental limits and measures. At one moment we must plunge without hesitation, reserve, fear or scruple into the ocean of the free, the infinite, the Absolute.

(S23: 208)

The need of faith

If one has walked long and steadily in the path, the faith of the heart will remain under the fiercest adverse pressure; even if it is concealed or apparently overborne, it will take the first opportunity to re-emerge. For something higher than either heart or intellect upholds it in spite of the worst stumblings and through the most prolonged failure. But even to the experienced sadhaka such falterings or overcloudings bring a retardation of his progress and they are exceedingly dangerous to the novice. It is therefore necessary from the beginning to understand and accept the arduous difficulty of the path and to feel the need of a faith which to the intellect may seem

blind, but yet is wiser than our reasoning intelligence. For this faith is a support from above; it is the brilliant shadow thrown by a secret light that exceeds the intellect and its data; it is the heart of a hidden knowledge that is not at the mercy of immediate appearances. Our faith, persevering, will be justified in its works and will be lifted and transfigured at last into the self-revelation of a divine knowledge. Always we must adhere to the injunction of the Gita, "Yoga must be continually applied with a heart free from despondent sinking." Always we must repeat to the doubting intellect the promise of the Master, "I will surely deliver thee from all sin and evil; do not grieve." At the end, the flickerings of faith will cease; for we shall see his face and feel always the Divine Presence. (S23: 245)

Transmuting life into worship

It is possible so to turn life into an act of adoration to the Supreme by the spirit in one's works; for, says the Gita, "He who gives to me with a heart of adoration a leaf, a flower, a fruit or a cup of water, I take and enjoy that offering of his devotion"; and it is not only any dedicated external gift that can be so offered with love and devotion, but all our thoughts, all our feelings and sensations, all our outward activities and their forms and objects can be such gifts to the Eternal. It is true that the special act or form of action has its importance, even a great importance, but it is the spirit in the act that is the essential factor; the spirit of which it is the symbol or materialised expression gives it its whole value and justifying significance. Or it may be said that a complete act of divine love and worship has in it three parts that are the expressions of a single whole, — a practical worship of the Divine in the act, a symbol of worship in the form of the act expressing some vision and seeking or some relation with the Divine, an inner adoration and longing for oneness or feeling of oneness in the heart and soul and spirit. It is so that life can be changed into worship, — by putting behind it the spirit of a transcendent and universal love, the seeking of oneness, the sense of oneness; by making each act a symbol, an expression of Godward emotion or a relation with the Divine; by turning all we do into an act of worship, an act of the soul's communion, the mind's understanding, the life's obedience, the heart's surrender. (S23: 162-63)

The poison of internal discord turns into honey-wine of Ananda

The period of slow emergence out of this lower working into a higher light and purer force is the valley of the shadow of death for the striver after perfection; it is a dreadful passage full of trials, sufferings, sorrows, obscurations, stumblings, errors, pitfalls. To abridge and alleviate this ordeal or to penetrate it with the divine delight faith is necessary, an increasing surrender of the mind to the knowledge that imposes itself from within and, above all, a true aspiration and a right and unfaltering and

sincere practice. "Practise unflinchingly," says the Gita, "with a heart free from despondency," the Yoga; for even though in the earlier stage of the path we drink deep of the bitter poison of internal discord and suffering, the last taste of this cup is the sweetness of the nectar of immortality and the honey-wine of an eternal Ananda.

(S23: 219-20)

Love needs to be clarified by divine knowledge

Knowledge, says the Gita, is the sovereign purity; light is the source of all clearness and harmony even as the darkness of ignorance is the cause of all our stumblings. Love, for example, is the purifier of the heart and by reducing all our emotions into terms of divine love the heart is perfected and fulfilled; yet love itself needs to be clarified by divine knowledge. The heart's love of God may be blind, narrow and ignorant and lead to fanaticism and obscurantism; it may, even when otherwise pure, limit our perfection by refusing to see Him except in a limited personality and by recoiling from the true and infinite vision. The heart's love of man may equally lead to distortions and exaggerations in feeling, action and knowledge which have to be corrected and prevented by the purification of the understanding.

(S23: 309)

The integral knowledge

We see in the teaching of the Gita how subtle a thing is the freedom from egoism which is demanded. Arjuna is driven to fight by the egoism of strength, the egoism of the Kshatriya; he is turned from the battle by the contrary egoism of weakness, the shrinking, the spirit of disgust, the false pity that overcomes the mind, the nervous being and the senses, — not that divine compassion which strengthens the arm and clarifies the knowledge. But this weakness comes garbed as renunciation, as virtue: "Better the life of the beggar than to taste these blood-stained enjoyments; I desire not the rule of all the earth, no, nor the kingdom of the gods." How foolish of the Teacher, we might say, not to confirm this mood, to lose this sublime chance of adding one more great soul to the army of Sannyasins, one more shining example before the world of a holy renunciation. But the Guide sees otherwise, the Guide who is not to be deceived by words; "This is weakness and delusion and egoism that speak in thee. Behold the Self, open thy eyes to the knowledge, purify thy soul of egoism." And afterwards? "Fight, conquer, enjoy a wealthy kingdom." Or to take another example from ancient Indian tradition. It was egoism, it would seem, that drove Rama, the Avatara, to raise an army and destroy a nation in order to recover his wife from the King of Lanka. But would it have been a lesser egoism to drape himself in indifference and misusing the formal terms of the knowledge to say, "I have no wife, no enemy, no desire; these are illusions of the senses; let me

cultivate the Brahman-knowledge and let Ravana do what he will with the daughter of Janaka”?

The criterion is within, as the Gita insists. It is to have the soul free from craving and attachment, but free from the attachment to inaction as well as from the egoistic impulse to action, free from attachment to the forms of virtue as well as from the attraction to sin. It is to be rid of “I-ness” and “my-ness” so as to live in the one Self and act in the one Self; to reject the egoism of refusing to work through the individual centre of the universal Being as well as the egoism of serving the individual mind and life and body to the exclusion of others. To live in the Self is not to dwell for oneself alone in the Infinite immersed and oblivious of all things in that ocean of impersonal self-delight; but it is to live as the Self and in the Self equal in this embodiment and all embodiments and beyond all embodiments. This is the integral knowledge. (S23: 331-33)

Solitude good for knowledge

When we attain to this perfection, then action and inaction become immaterial, since neither interferes with the freedom of the soul or draws it away from its urge towards the Self or its poise in the Self. But this state of perfection arrives later in the Yoga and till then the law of moderation laid down by the Gita is the best for us; too much mental or physical action then is not good since excess draws away too much energy and reacts unfavourably upon the spiritual condition; too little also is not good since defect leads to a habit of inaction and even to an incapacity which has afterwards to be surmounted with difficulty. Still, periods of absolute calm, solitude and cessation from works are highly desirable and should be secured as often as possible for that recession of the soul into itself which is indispensable to knowledge. (S23: 348)

The integral spiritual knowledge does not reject life

The Gita teaches that the man of knowledge shall by his way of life give to those who have not yet the spiritual consciousness, the love and habit of *all* works and not only of actions recognised as pious, religious or ascetic in their character; he should not draw men away from the world-action by his example. For the world must proceed in its great upward aspiring; men and nations must not be led to fall away from even an ignorant activity into a worse ignorance of inaction or to sink down into that miserable disintegration and tendency of dissolution which comes upon communities and peoples when there predominates the tamasic principle, the principle whether of obscure confusion and error or of weariness and inertia. “For I too,” says the Lord in the Gita, “have no need to do works, since there is nothing I have not or must yet gain for myself; yet I do works in the world: for if I did not do

works, all laws would fall into confusion, the worlds would sink towards chaos and I would be the destroyer of these peoples." The spiritual life does not need, for its purity, to destroy interest in all things except the Inexpressible or to cut at the roots of the Sciences, the Arts and Life. It may well be one of the effects of an integral spiritual knowledge and activity to lift them out of their limitations, substitute for our mind's ignorant, limited, tepid or trepidant pleasure in them a free, intense and uplifting urge of delight and supply a new source of creative spiritual power and illumination by which they can be carried more swiftly and profoundly towards their absolute light in knowledge and their yet undreamed possibilities and most dynamic energy of content and form and practice. The one thing needful must be pursued first and always; but all things else come with it as its outcome and have not so much to be added to us as recovered and reshaped in its self-light and as portions of its self-expressive force. (S23: 143-44)

The transformation of the gunas into their higher equivalents

Nature works in us, says the Gita, through the triple quality of Prakriti, the quality of light and good, the quality of passion and desire and the quality of obscurity and inertia. The seeker must learn to distinguish, as an impartial and discerning witness of all that proceeds within this kingdom of his nature, the separate and the combined action of these qualities; he must pursue the workings of the cosmic forces in him through all the labyrinth of their subtle unseen processes and disguises and know every intricacy of the maze. As he proceeds in this knowledge, he will be able to become the giver of the sanction and no longer remain an ignorant tool of Nature. At first he must induce the Nature-Force in its action on his instruments to subdue the working of its two lower qualities and bring them into subjection to the quality of light and good and, afterwards, he must persuade that again to offer itself so that all three may be transformed by a higher Power into their divine equivalents, supreme repose and calm, divine illumination and bliss, the eternal divine dynamis, Tapas. The first part of this discipline and change can be firmly done in principle by the will of the mental being in us; but its full execution and the subsequent transformation can be done only when the deeper psychic soul increases its hold on the nature and replaces the mental being as its ruler. When this happens, he will be ready to make, not only with an aspiration and intention and an initial and progressive self-abandonment but with the most intense actuality of dynamic self-giving, the complete renunciation of his works to the Supreme Will. By degrees his mind of an imperfect human intelligence will be replaced by a spiritual and illumined mind and that can in the end enter into the supramental Truth-Light; he will then no longer act from his nature of the Ignorance with its three modes of confused and imperfect activity, but from a diviner nature of spiritual calm, light, power and bliss. He will act not from an amalgam of an ignorant mind and will with the drive of a still more ignorant

heart of emotion and the desire of the life-being and the urge and instinct of the flesh, but first from a spiritualised self and nature and, last, from a supramental Truth-consciousness and its divine force of supernature. (S23: 230-31)

To draw back from the gunas and climb above them

An exclusive resort to sattwa would seem to be the way of escape: but there is this difficulty that no one of the qualities can prevail by itself against its two companions and rivals. If, envisaging the quality of desire and passion as the cause of disturbance, suffering, sin and sorrow, we strain and labour to quell and subdue it, rajas sinks but tamas rises. For, the principle of activity dulled, inertia takes its place. A quiet peace, happiness, knowledge, love, right sentiment can be founded by the principle of light, but, if rajas is absent or completely suppressed, the quiet in the soul tends to become a tranquillity of inaction, not the firm ground of a dynamic change. Ineffectively right-thinking, right-doing, good, mild and even, the nature may become in its dynamic parts sattwa-tamasic, neutral, pale-tinted, uncreative or emptied of power. Mental and moral obscurity may be absent, but so are the intense springs of action, and this is a hampering limitation and another kind of incompetence. For tamas is a double principle; it contradicts rajas by inertia, it contradicts sattwa by narrowness, obscurity and ignorance and, if either is depressed, it pours in to occupy its place.

If we call in rajas again to correct this error and bid it ally itself to sattwa and by their united agency endeavour to get rid of the dark principle, we find that we have elevated our action, but that there is again subjection to rajasic eagerness, passion, disappointment, suffering, anger. These movements may be more exalted in their scope and spirit and action than before, but they are not the peace, the freedom, the power, the self-mastery at which we long to arrive. Wherever desire and ego harbour, passion and disturbance harbour with them and share their life. And if we seek a compromise between the three modes, sattwa leading, the others subordinate, still we have only arrived at a more temperate action of the play of Nature. A new poise has been reached, but a spiritual freedom and mastery are not in sight or else are still only a far-off prospect.

A radically different movement has to draw us back from the gunas and lift us above them. The error that accepts the action of the modes of Nature must cease; for as long as it is accepted, the soul is involved in their operations and subjected to their law. Sattwa must be transcended as well as rajas and tamas; the golden chain must be broken no less than the leaden fetters and the bond-ornaments of a mixed alloy. The Gita prescribes to this end a new method of self-discipline. It is to stand back in oneself from the action of the modes and observe this unsteady flux as the Witness seated above the surge of the forces of Nature. He is one who watches but is impartial and indifferent, aloof from them on their own level and in his native posture high above them. As they rise and fall in their waves, the Witness looks,

observes, but neither accepts nor for the moment interferes with their course. First there must be the freedom of the impersonal Witness; afterwards there can be the control of the Master, the Ishwara. (S23: 237-38)

The inner identification with the Divine

The true salvation or the true freedom from the chain of rebirth is not the rejection of terrestrial life or the individual's escape by a spiritual self-annihilation, even as the true renunciation is not the mere physical abandonment of family and society; it is the inner identification with the Divine in whom there is no limitation of past life and future birth but instead the eternal existence of the unborn Soul. He who is free inwardly, even doing actions, does nothing at all, says the Gita; for it is Nature that works in him under the control of the Lord of Nature. Equally, even if he assumes a hundred times the body, he is free from any chain of birth or mechanical wheel of existence since he lives in the unborn and undying spirit and not in the life of the body. Therefore attachment to the escape from rebirth is one of the idols which, whoever keeps, the sadhaka of the integral Yoga must break and cast away from him. For his Yoga is not limited to the realisation of the Transcendent beyond all world by the individual soul; it embraces also the realisation of the Universal, "the sum-total of all souls", and cannot therefore be confined to the movement of a personal salvation and escape. Even in his transcendence of cosmic limitations he is still one with all in God; a divine work remains for him in the universe.

(S23: 270-71)

To live for God in the world

The Gita declares that the action of the liberated man must be directed not by desire, but towards the keeping together of the world, its government, guidance, impulsion, maintenance in the path appointed to it. This injunction has been interpreted in the sense that the world being an illusion in which most men must be kept, since they are unfit for liberation, he must so act outwardly as to cherish in them an attachment to their customary works laid down for them by the social law. If so, it would be a poor and petty rule and every noble heart would reject it to follow rather the divine vow of Amitabha Buddha, the sublime prayer of the Bhagavata, the passionate aspiration of Vivekananda. But if we accept rather the view that the world is a divinely guided movement of Nature emerging in man towards God and that this is the work in which the Lord of the Gita declares that he is ever occupied although he himself has nothing ungained that he has yet to win, then a deep and true sense will appear for this great injunction. To participate in that divine work, to live for God in the world will be the rule of the Karmayogin; to live for God in the world and therefore so to act that the Divine may more and more manifest himself and the

world go forward by whatever way of its obscure pilgrimage and move nearer to the divine ideal. (S23: 272)

The condition for self-realisation

But for the knowledge of the Self it is necessary to have the power of a complete intellectual passivity, the power of dismissing all thought, the power of the mind to think not at all which the Gita in one passage enjoins. This is a hard saying for the occidental mind to which thought is the highest thing and which will be apt to mistake the power of the mind not to think, its complete silence for the incapacity of thought. But this power of silence is a capacity and not an incapacity, a power and not a weakness. It is a profound and pregnant stillness. Only when the mind is thus entirely still, like clear, motionless and level water, in a perfect purity and peace of the whole being and the soul transcends thought, can the Self which exceeds and originates all activities and becomings, the Silence from which all words are born, the Absolute of which all relativities are partial reflections manifest itself in the pure essence of our being. In a complete silence only is the Silence heard; in a pure peace only is its Being revealed. Therefore to us the name of That is the Silence and the Peace. (S23: 316)

The three Purushas

The Gita makes a distinction between three Purushas who constitute the whole state and action of the divine Being, the Mutable, the Immutable and the Highest which is beyond and embraces the other two. That Highest is the Lord in whom we have to live, the supreme Self in us and in all. The Immutable is the silent, actionless, equal, unchanging self which we reach when we draw back from activity to passivity, from the play of consciousness and force and the seeking of delight to the pure and constant basis of consciousness and force and delight through which the Highest, free, secure and unattached, possesses and enjoys the play. The Mutable is the substance and immediate motive of that changing flux of personality through which the relations of our cosmic life are made possible. The mental being fixed in the Mutable moves in its flux and has not possession of an eternal peace and power and self-delight; the soul fixed in the Immutable holds all these in itself but cannot act in the world; but the soul that can live in the Highest enjoys the eternal peace and power and delight and wideness of being, is not bound in its self-knowledge and self-power by character and personality or by forms of its force and habits of its consciousness and yet uses them all with a large freedom and power for the self-expression of the Divine in the world. Here again the change is not any alteration of the essential modes of the Self, but consists in our emergence into the freedom of the Highest and the right use of the divine law of our being. (S23: 378-79)

The gulf between passive and active Brahman

This status of an inner passivity and an outer action independent of each other is a state of entire spiritual freedom. The Yogin, as the Gita says, even in acting does no actions, for it is not he, but universal Nature directed by the Lord of Nature which is at work. He is not bound by his works, nor do they leave any after effects or consequences in his mind, nor cling to or leave any mark on his soul;⁴ they vanish and are dissolved⁵ by their very execution and leave the immutable self unaffected and the soul unmodified. Therefore this would seem to be the poise the uplifted soul ought to take, if it has still to preserve any relations with human action in the world-existence, an unalterable silence, tranquillity, passivity within, an action without regulated by the universal Will and Wisdom which works, as the Gita says, without being involved in, bound by or ignorantly attached to its works. And certainly this poise of a perfect activity founded upon a perfect inner passivity is that which the Yogin has to possess, as we have seen in the Yoga of Works. But here in this status of self-knowledge at which we have arrived, there is an evident absence of integrality; for there is still a gulf, an unrealised unity or a cleft of consciousness between the passive and the active Brahman. We have still to possess consciously the active Brahman without losing the possession of the silent Self. We have to preserve the inner silence, tranquillity, passivity as a foundation; but in place of an aloof indifference to the works of the active Brahman we have to arrive at an equal and impartial delight in them; in place of a refusal to participate lest our freedom and peace be lost we have to arrive at a conscious possession of the active Brahman whose joy of existence does not abrogate His peace, nor His lordship of all workings impair His calm freedom in the midst of His works. (S23: 405-06)

Oneness with Sachchidananda necessary for Cosmic Consciousness

Even our bodies are not really separate entities and therefore our very physical consciousness is capable of oneness with the physical consciousness of others and of the cosmos. The Yogin is able to feel his body one with all bodies, to be aware of and even to participate in their affections; he can feel constantly the unity of all Matter and be aware of his physical being as only a movement in its movement.⁶ Still more is it possible for him to feel constantly and normally the whole sea of the infinite life as his true vital existence and his own life as only a wave of that boundless surge. And more easily yet is it possible for him to unite himself in mind and heart with all existences, be aware of their desires, struggles, joys, sorrows, thoughts,

4. *na karma lipyate nare*. Isha Upanishad.

5. *praviliyante karmāni*. Gita.

6. *jagatyāṁ jagat*. Isha Upanishad.

impulses, in a sense as if they were his own, at least as occurring in his larger self hardly less intimately or quite as intimately as the movements of his own heart and mind. This too is a realisation of cosmic consciousness.

It may even seem as if it were the greatest oneness, since it accepts all that we can be sensible of in the mind-created world as our own. Sometimes one sees it spoken of as the highest achievement. Certainly, it is a great realisation and the path to a greater. It is that which the Gita speaks of as the accepting of all existences as if oneself whether in grief or in joy; it is the way of sympathetic oneness and infinite compassion which helps the Buddhist to arrive at his Nirvana. Still there are gradations and degrees. In the first stage the soul is still subject to the reactions of the duality, still subject therefore to the lower Prakriti; it is depressed or hurt by the cosmic suffering, elated by the cosmic joy. We suffer the joys of others, suffer their griefs; and this oneness can be carried even into the body, as in the story of the Indian saint who, seeing a bullock tortured in the field by its cruel owner, cried out with the creature's pain and the weal of the lash was found reproduced on his own flesh. But there must be a oneness with Sachchidananda in his freedom as well as with the subjection of the lower being to the reactions of Prakriti. (S23: 415-16)

Purusha and Prakriti in the Gita

The distinction made in the Gita between the Purusha and the Prakriti gives us the clue to the various attitudes which the soul can adopt towards Nature in its movement towards perfect freedom and rule. The Purusha is, says the Gita, witness, upholder, source of the sanction, knower, lord, enjoyer; Prakriti executes, it is the active principle and must have an operation corresponding to the attitude of the Purusha. The soul may assume, if it wishes, the poise of the pure witness, *sākṣī*; it may look on at the action of Nature as a thing from which it stands apart; it watches, but does not itself participate. We have seen the importance of this quietistic capacity; it is the basis of the movement of withdrawal by which we can say of everything, — body, life, mental action, thought, sensation, emotion, — “This is Prakriti working in the life, mind and body, it is not myself, it is not even mine,” and thus come to the soul's separation from these things and to their quiescence. This may, therefore, be an attitude of renunciation or at least of non-participation, tamasic, with a resigned and inert endurance of the natural action so long as it lasts, rajasic, with a disgust, aversion and recoil from it, sattwic, with a luminous intelligence of the soul's separateness and the peace and joy of aloofness and repose; but also it may be attended by an equal and impersonal delight as of a spectator at a show, joyous but unattached and ready to rise up at any moment and as joyfully depart. The attitude of the Witness at its highest is the absolute of unattachment and freedom from affection by the phenomena of the cosmic existence. (S23: 431-32)

The Purusha preserves its freedom

The man free in his soul is aware that the Divine is the lord of the action of Nature, that Maya is His Knowledge-Will determining and effecting all, that Force is the Will side of this double divine Power in which knowledge is always present and effectual. He is aware of himself also, even individually, as a centre of the divine existence, — a portion of the Lord, the Gita expresses it, — controlling so far the action of Nature which he views, upholds, sanctions, enjoys, knows and by the determinative power of knowledge controls. And when he universalises himself, his knowledge still reflects only the divine knowledge, his will effectuates only the divine will, he enjoys only the divine delight and not an ignorant personal satisfaction. Thus the Purusha preserves its freedom in its possession, renunciation of limited personality even in its representative enjoyment and delight of cosmic being. It has taken up fully in the higher poise the true relations of the soul and Nature.

(S23: 434-35)

Love is the crown of knowledge

Without knowledge we live blindly in him [*the Divine*] with the blindness of the power of Nature intent on its works, but forgetful of its source and possessor, undivinely therefore, deprived of the real, the full delight of our being. By knowledge arriving at conscious oneness with that which we know, — for by identity alone can complete and real knowledge exist, — the division is healed and the cause of all our limitation and discord and weakness and discontent is abolished. But knowledge is not complete without works; for the Will in being also is God and not the being or its self-aware silent existence alone, and if works find their culmination in knowledge, knowledge also finds its fulfilment in works. And, here too, love is the crown of knowledge; for love is the delight of union, and unity must be conscious of joy of union to find all the riches of its own delight. Perfect knowledge indeed leads to perfect love, integral knowledge to a rounded and multitudinous richness of love. “He who knows me” says the Gita “as the supreme Purusha,” — not only as the immutable oneness, but in the many-souled movement of the divine and as that, superior to both, in which both are divinely held, — “he, because he has the integral knowledge, seeks me by love in every way of his being.” This is the trinity of our powers, the union of all three in God to which we arrive when we start from knowledge. (S24: 546)

The trinity of our powers

Love fulfilled does not exclude knowledge, but itself brings knowledge; and the completer the knowledge, the richer the possibility of love. “By Bhakti” says the

Lord in the Gita “shall a man know Me in all my extent and greatness and as I am in the principles of my being, and when he has known Me in the principles of my being, then he enters into Me.” Love without knowledge is a passionate and intense, but blind, crude, often dangerous thing, a great power, but also a stumbling-block; love, limited in knowledge, condemns itself in its fervour and often by its very fervour to narrowness; but love leading to perfect knowledge brings the infinite and absolute union. Such love is not inconsistent with, but rather throws itself with joy into divine works; for it loves God and is one with him in all his being, and therefore in all beings, and to work for the world is then to feel and fulfil multitudinously one's love for God. This is the trinity of our powers, the union of all three in God to which we arrive when we start on our journey by the path of devotion with Love for the Angel of the Way to find in the ecstasy of the divine delight of the All-Lover's being the fulfilment of ours, its secure home and blissful abiding-place and the centre of its universal radiation. (S24: 547)

The types of Bhaktas according to the Gita

The Gita distinguishes between three initial kinds of Bhakti, that which seeks refuge in the Divine from the sorrows of the world, *ārta*, that which, desiring, approaches the Divine as the giver of its good, *arthārthī*, and that which attracted by what it already loves, but does not yet know, yearns to know this divine Unknown, *jijñāsu*; but it gives the palm to the Bhakti that knows. Evidently the intensity of passion which says, “I do not understand, I love,” and, loving, cares not to understand, is not love's last self-expression, but its first, nor is it its highest intensity. Rather as knowledge of the Divine grows, delight in the Divine and love of it must increase. Nor can mere rapture be secure without the foundation of knowledge; to live in what we love, gives that security, and to live in it means to be one with it in consciousness, and oneness of consciousness is the perfect condition of knowledge. Knowledge of the Divine gives to love of the Divine its firmest security, opens to it its own widest joy of experience, raises it to its highest pinnacles of outlook.

(S24: 550-51)

Bhakti — a movement of the religious being in us

The Master of the worlds who in the Gita demands of his servant, the bhakta, to be nothing more in life than his instrument, makes this claim as the friend, the guide, the higher Self, and describes himself as the Lord of all the worlds who is the friend of all creatures, *sarvalokamaheśvaraṁ suhṛdaṁ sarvabhūtānām*; the two relations in fact must go together and neither can be perfect without the other. So too it is not the fatherhood of God as the Creator who demands obedience because he is the maker of our being, but the fatherhood of love which leads us towards the closer

soul-union of Yoga. Love is the real key in both, and perfect love is inconsistent with the admission of the motive of fear. Closeness of the human soul to the Divine is the object, and fear sets always a barrier and a distance; even awe and reverence for the divine Power are a sign of distance and division and they disappear in the intimacy of the union of love. Moreover, fear belongs to the lower nature, to the lower self, and in approaching the higher Self must be put aside before we can enter into its presence.

This relation of the divine fatherhood and the closer relation with the Divine as the Mother-Soul of the universe have their springs in another early religious motive. One type of the Bhakta, says the Gita, is the devotee who comes to the Divine as the giver of his wants, the giver of his good, the satisfier of the needs of his inner and his outer being. "I bring to my bhakta" says the Lord "his getting and his having of good, *yogakṣemaṁ vahāmyaham.*" The life of man is a life of wants and needs and therefore of desires, not only in his physical and vital, but in his mental and spiritual being. When he becomes conscious of a greater Power governing the world, he approaches it through prayer for the fulfilment of his needs, for help in his rough journey, for protection and aid in his struggle. Whatever crudities there may be in the ordinary religious approach to God by prayer, and there are many, especially that attitude which imagines the Divine as if capable of being propitiated, bribed, flattered into acquiescence or indulgence by praise, entreaty and gifts and has often little regard to the spirit in which he is approached, still this way of turning to the Divine is an essential movement of our religious being and reposes on a universal truth. (S24: 565-66)

The master knots of our nature asserted by the Gita

For certain ways of thinking liberation is a throwing off of all nature, a silent state of pure being, a nirvana or extinction, a dissolution of the natural existence into some indefinable Absolute, *mokṣa*. But an absorbed and immersed bliss, a wideness of actionless peace, a release of self-extinction or a self-drowning in the Absolute is not our aim. We shall give to the idea of liberation, *mukti*, only the connotation of that inner change which is common to all experience of this kind, essential to perfection and indispensable to spiritual freedom. We shall find that it then implies always two things, a rejection and an assumption, a negative and a positive side; the negative movement of freedom is a liberation from the principal bonds, the master-knots of the lower soul-nature, the positive side an opening or growth into the higher spiritual existence. But what are these master-knots — other and deeper twistings than the instrumental knots of the mind, heart, psychic life-force? We find them pointed out for us and insisted on with great force and a constant emphatic repetition in the Gita; they are four, desire, ego, the dualities and the three gunas of Nature; for to be desireless, ego-less, equal of mind and soul and spirit and

nistraigunya, is in the idea of the Gita to be free, *mukta*. We may accept this description; for everything essential is covered by its amplitude. On the other hand, the positive sense of freedom is to be universal in soul, transcendently one in spirit with God, possessed of the highest divine nature, — as we may say, like to God, or one with him in the law of our being. This is the whole and full sense of liberation and this is the integral freedom of the spirit. (S24: 674-75)

Freedom from the ego — a very labour of Sisyphus

The ego turn, the separative turn of the being, is the fulcrum of the whole embarrassed labour of the ignorance and the bondage. So long as one is not free from the ego sense, there can be no real freedom. The seat of the ego is said to be in the buddhi; it is an ignorance of the discriminating mind and reason which discriminate wrongly and take the individuation of mind, life and body for a truth of separative existence and are turned away from the greater reconciling truth of the oneness of all existence. At any rate in man it is the ego idea which chiefly supports the falsehood of a separative existence; to get rid of this idea, to dwell on the opposite idea of unity, of the one self, the one spirit, the one being of nature is therefore an effective remedy; but it is not by itself absolutely effective. For the ego, though it supports itself by this ego idea, *aham-buddhi*, finds its most powerful means for a certain obstinacy or passion of persistence in the normal action of the sense-mind, the prana and the body. To cast out of us the ego idea is not entirely possible or not entirely effective until these instruments have undergone purification; for, their action being persistently egoistic and separative, the buddhi is carried away by them, — as a boat by winds on the sea, says the Gita, — the knowledge in the intelligence is being constantly obscured or lost temporarily and has to be restored again, a very labour of Sisyphus. But if the lower instruments have been purified of egoistic desire, wish, will, egoistic passion, egoistic emotion and the buddhi itself of egoistic idea and preference, then the knowledge of the spiritual truth of oneness can find a firm foundation. Till then, the ego takes all sorts of subtle forms and we imagine ourselves to be free from it, when we are really acting as its instruments and all we have attained is a certain intellectual poise which is not the true spiritual liberation. Moreover, to throw away the active sense of ego is not enough; that may merely bring an inactive state of the mentality, a certain passive inert quietude of separate being may take the place of the kinetic egoism, which is also not the true liberation. The ego sense must be replaced by a oneness with the transcendental Divine and with universal being.

(S24: 676-77)

Samatvam yoga ucyate

The first necessity is some fundamental poise of the soul both in its essential and its natural being regarding and meeting the things, impacts and workings of Nature. This poise we shall arrive at by growing into a perfect equality, *samatā*. The self, spirit or Brahman is one in all and therefore one to all; it is, as is said in the Gita which has developed fully this idea of equality and indicated its experience on at least one side of equality, the equal Brahman, *samam brahma*; the Gita even goes so far in one passage as to identify equality and yoga, *samatvam yoga ucyate*. That is to say, equality is the sign of unity with the Brahman, of becoming Brahman, of growing into an undisturbed spiritual poise of being in the Infinite. Its importance can hardly be exaggerated; for it is the sign of our having passed beyond the egoistic determinations of our nature, of our having conquered our enslaved response to the dualities, of our having transcended the shifting turmoil of the gunas, of our having entered into the calm and peace of liberation. Equality is a term of consciousness which brings into the whole of our being and nature the eternal tranquillity of the Infinite. Moreover, it is the condition of a securely and perfectly divine action; the security and largeness of the cosmic action of the Infinite is based upon and never breaks down or forfeits its eternal tranquillity. That too must be the character of the perfect spiritual action; to be equal and one to all things in spirit, understanding, mind, heart and natural consciousness, — even in the most physical consciousness, — and to make all their workings, whatever their outward adaptation to the thing to be done, always and imminuably full of the divine equality and calm must be its inmost principle. That may be said to be the passive or basic, the fundamental and receptive side of equality, but there is also an active and possessive side, an equal bliss which can only come when the peace of equality is founded and which is the beatific flower of its fullness. (S24: 692-93)

The first calm

The first calm that comes is of the nature of peace, the absence of all unquiet, grief and disturbance. As the equality becomes more intense, it takes on a fuller substance of positive happiness and spiritual ease. This is the joy of the spirit in itself, dependent on nothing external for its absolute existence, *nirāśraya*, as the Gita describes it, *antaḥ-sukho antarāramah*, an exceeding inner happiness, *brahmasamsparsam atyantam sukham aśnute*. Nothing can disturb it, and it extends itself to the soul's view of outward things, imposes on them too the law of this quiet spiritual joy. For the base of it is still calm, it is an even and tranquil neutral joy, *ahaituka*. And as the supramental light grows, a greater Ananda comes, the base of the abundant ecstasy of the spirit in all it is, becomes, sees, experiences and of the laughter of the Shakti doing luminously the work of the Divine and taking his Ananda in all the worlds.

(S24: 726)

The concept of the Vibhuti

Men of a stronger force get more of the soul-power to the surface and develop what we call a strong or great personality, they have in them something of the Vibhuti as described by the Gita, *vibhūtimat sattvaṁ śrīmad ūrjitam eva vā*, a higher power of being often touched with or sometimes full of some divine afflatus or more than ordinary manifestation of the Godhead which is indeed present in all, even in the weakest or most clouded living being, but here some special force of it begins to come out from behind the veil of the average humanity, and there is something beautiful, attractive, splendid or powerful in these exceptional persons which shines out in their personality, character, life and work. These men too work in the type of their nature-force according to its gunas, but there is something evident in them and yet not easily analysable which is in reality a direct power of the Self and spirit using to strong purpose the mould and direction of the nature. The nature itself thereby rises to or towards a higher grade of its being. Much in the working of the Force may seem egoistic or even perverse, but it is still the touch of the Godhead behind, whatever Daivic, Asuric or even Rakshasic form it may take, which drives the Prakriti and uses it for its own greater purpose. (S24: 741)

The centrality and essentiality of faith

The perfect faith is an assent of the whole being to the truth seen by it or offered to its acceptance, and its central working is a faith of the soul in its own will to be and attain and become and its idea of self and things and its knowledge, of which the belief of the intellect, the heart's consent and the desire of the life mind to possess and realise are the outward figures. This soul faith, in some form of itself, is indispensable to the action of the being and without it man cannot move a single pace in life, much less take any step forward to a yet unrealised perfection. It is so central and essential a thing that the Gita can justly say of it that whatever is a man's *śraddhā*, that he is, *yo yacchraddhaḥ sa eva saḥ*, and, it may be added, whatever he has the faith to see as possible in himself and strive for, that he can create and become. (S24: 771)

*Na buddhibhedam janayet*⁷

Certainly, the practical values given us by our senses and by the dualistic sense-mind must hold good in their field and be accepted as the standard for ordinary life-experience until a larger harmony is ready into which they can enter and transform themselves without losing hold of the realities which they represent. To enlarge the

7. Not to create a division in the intelligence.

sense-faculties without the knowledge that would give the old sense-values their right interpretation from the new standpoint might lead to serious disorders and incapacities, might unfit for practical life and for the orderly and disciplined use of the reason. Equally, an enlargement of our mental consciousness out of the experience of the egoistic dualities into an unregulated unity with some form of total consciousness might easily bring about a confusion and incapacity for the active life of humanity in the established order of the world's relativities. This, no doubt, is the root of the injunction imposed in the Gita on the man who has the knowledge not to disturb the life-basis and thought-basis of the ignorant; for, impelled by his example but unable to comprehend the principle of his action, they would lose their own system of values without arriving at a higher foundation. (S21: 58)

*Avibhaktam vibhaktesu*⁸

When we see with the inner vision and sense and not with the physical eye a tree or other object, what we become aware of is an infinite one Reality constituting the tree or object, pervading its every atom and molecule, forming them out of itself, building the whole nature, process of becoming, operation of indwelling energy; all of these are itself, are this infinite, this Reality: we see it extending indivisibly and uniting all objects so that none is really separate from it or quite separate from other objects. "It stands," says the Gita, "undivided in beings and yet as if divided." Thus each object is that Infinite and one in essential being with all other objects that are also forms and names, — powers, numens, — of the Infinite. (S21: 353)

Consecration in the spirit's dealing with matter

A certain reverence, even, for Matter and a sacramental attitude in all dealings with it is possible. As in the Gita the act of the taking of food is spoken of as a material sacrament, a sacrifice, an offering of Brahman to Brahman by Brahman, so also the gnostic consciousness and sense can view all the operations of Spirit with Matter. The Spirit has made itself Matter in order to place itself there as an instrument for the well-being and joy, *yogakṣema*, of created beings, for a self-offering of universal physical utility and service. The gnostic being, using Matter but using it without material or vital attachment or desire, will feel that he is using the Spirit in this form of itself with its consent and sanction for its own purpose. There will be in him a certain respect for physical things, an awareness of the occult consciousness in them, of its dumb will of utility and service, a worship of the Divine, the Brahman in what he uses, a care for a perfect and faultless use of his divine material, for a true rhythm, ordered harmony, beauty in the life of Matter, in the utilisation of Matter. (S22: 1022-23)

8. The indivisible in the divided.

The inner life is of supreme spiritual importance

There can undoubtedly be a spiritual life within, a kingdom of heaven within us which is not dependent on any outer manifestation or instrumentation or formula of external being. The inner life has a supreme spiritual importance and the outer has a value only in so far as it is expressive of the inner status. However the man of spiritual realisation lives and acts and behaves, in all ways of his being and acting, it is said in the Gita, "he lives and moves in Me"; he dwells in the Divine, he has realised the spiritual existence. The spiritual man living in the sense of the spiritual self, in the realisation of the Divine within him and everywhere, would be living inwardly a divine life and its reflection would fall on his outer acts of existence, even if they did not pass, — or did not seem to pass, — beyond the ordinary instrumentation of human thought and action in this world of earth-nature.

(S22: 1055)

***Sarvabhūta hiteratāḥ*⁹**

The spiritually realised, the liberated man is preoccupied, says the Gita, with the good of all beings; Buddha discovering the way of Nirvana must turn back to open that way to those who are still under the delusion of their constructive instead of their real being, — or non-being; Vivekananda, drawn by the Absolute, feels also the call of the disguised Godhead in humanity and most the call of the fallen and the suffering, the call of the self to the self in the obscure body of the universe. For the awakened individual the realisation of his truth of being and his inner liberation and perfection must be his primary seeking, — first, because that is the call of the Spirit within him, but also because it is only by liberation and perfection and realisation of the truth of being that man can arrive at truth of living. A perfected community also can exist only by the perfection of its individuals, and perfection can come only by the discovery and affirmation in life by each of his own spiritual being and the discovery by all of their spiritual unity and a resultant life unity. (S22: 1087-88)

The concept of the psychic being not sufficiently developed in the Gita

The psychic being is especially the soul of the individual evolving in the manifestation the individual Prakriti and taking part in the evolution. It is that spark of the Divine Fire that grows behind the mind, vital and physical as the psychic being until it is able to transform the Prakriti of Ignorance into a Prakriti of Knowledge. These things are not in the Gita, but we cannot limit our knowledge by the points in the Gita. (S28: 114)

9. Occupied in the good of all beings.

Supermind and the Purushottama

Purushottama of the Gita is the supreme being; the supermind is a power of the Supreme — or proceeding from him, if you like. (S28: 133)

*

Supermind is not *the* Purushottama consciousness, it is *a* Purushottama consciousness, a certain level and power of being which he can share with his “eternal portions”, *aṁśāḥ sanātanāḥ*, provided they can climb out of the Ignorance. As for embodying it, it is certainly difficult but not impossible. (S28: 133)

The sheer force of desire

What then is there in common between the thinking intelligence and the vital and why should the latter obey the mind and not follow its own nature? The disobedience is perfectly normal instead of being, as Augustine suggests, unintelligible. Of course man can establish a mental control over his vital and in so far as he does it he is a man, — because the thinking mind is a nobler and more enlightened entity and consciousness than the vital and ought therefore to rule and, if the mental will is strong, can rule. But this rule is precarious, incomplete and established and held only by much self-discipline. For if the mind is more enlightened, the vital is nearer to earth, more intense, vehement, more directly able to touch the body. There is too a vital mind which lives by imagination, thoughts of desire, will to act and enjoy from its own impulse and this is able to seize on the reason itself and make it its auxiliary and its justifying counsel and supplier of pleas and excuses. There is also the sheer force of Desire in man which is the vital's principal support and strong enough to sweep off the reason as the Gita says, “like a boat in stormy waters”, *nāvam ivāmbhasi*. (S28: 175)

The Gita's view is ultimately pessimistic regarding the nature of earthly life

The Gita accepted the current belief that freedom from birth was the consequence of reaching the highest state. It is a natural deduction from the belief that this is not only a world of Ignorance but cannot be ever anything else. (S28: 275)

The freedom of the Divine from the notions of profit and loss

It is not for considerations of gain or loss that the Divine Consciousness acts — that is a human standpoint necessary for human development. The Divine, as the Gita says, has nothing to gain and nothing that it has not, yet it puts forth its power of

action in the manifestation. It is the earth-consciousness, not the supramental world that has to gain by the descent of the supramental principle — that is sufficient reason for it to descend. The supramental worlds remain as they are and are in no way affected by the descent. (S28: 291)

The synthesis of the Gita is not a spiritual finality

I regard the spiritual history of mankind and especially of India as a constant development of a divine purpose, not a book that is closed, the lines of which have to be constantly repeated. Even the Upanishads and the Gita were not final though everything may be there in seed. In this development the recent spiritual history of India is a very important stage and the names I mentioned [*Ramakrishna and Vivekananda*] had a special prominence in my thought at the time — they seemed to me to indicate the lines from which the future spiritual development had most directly to proceed, not staying but passing on. I do not know that I would put my meaning exactly in the language you suggest. I may say that it is far from my purpose to propagate any religion new or old for humanity in the future. A way to be opened that is still blocked, not a religion to be founded, is my conception of the matter. (S28: 411)

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Krishna did great things and was very clearly a manifestation of the Divine. But I remember a passage of the Mahabharata in which he complains of the unquiet life his followers and adorers gave him, their constant demands, reproaches, their throwing of their unregenerate vital nature upon him. And in the Gita he speaks of this human world as a transient and sorrowful affair and, in spite of his gospel of divine action, seems almost to admit that to leave it is after all the last solution! The traditions of the past are very great in their own place, — in the past; but I do not see why we should merely repeat them and not go farther. In the spiritual development of the consciousness upon earth the great past ought to be followed by a greater future. (S29: 480)

The humanity point of view

As to the extract about Vivekananda, the point I make there¹⁰ does not seem to me humanitarian. You will see that I emphasise there the last sentences of the passage quoted from Vivekananda, not the words about God the poor and sinner and criminal. The point is about the Divine in the World, the All, *sarva-bhūtāni* of the Gita. That is not merely humanity, still less only the poor or the wicked; surely even the rich or the good are part of the All and those also who are neither good nor bad nor rich nor poor. Nor is there any question (I mean in my own remarks) of philanthropic service; so neither *daridra* nor *sevā* is the point. I had formerly not the humanitarian but the humanity view — and something of it may have stuck to my expressions in the *Arya*. But I had already altered my viewpoint from the “Our Yoga for the sake of humanity” to “Our Yoga for the sake of the Divine”. The Divine includes not only the supracosmic but the cosmic and the individual — not only Nirvana or the Beyond but Life and the All. It is that I stress everywhere. But I shall keep the extracts for a day or two and see what there is, if anything, that smacks too much of a too narrow humanistic standpoint. I stop here for today. (S28: 442)

This world, a world of obscurity

It is true that all comes from the Divine and it is true also that a Divine Presence and a Divine Will is behind all that happens and leads the world towards a divine goal.

At the same time it is also taught in the Gita that this world is a world of obscurity and ignorance and to attain to the Divine one must overcome certain forces of Nature, such as Desire, which the Gita calls the enemy difficult to overcome. It is in this sense that we speak of hostile forces — those which stand in the way of coming out of the Ignorance and attaining to the consciousness of the Divine.

It is again true that those who have a complete and living faith in the Divine and a perfect sincerity in their vision of the Divine everywhere and a pure sattvic nature need not trouble themselves about the hostile forces — for from them the forces of the Ignorance fall back and cannot take possession of their nature.

10. In *The Synthesis of Yoga Sri Aurobindo* wrote: “Often, we see this desire of personal salvation overcome by another attraction which also belongs to the higher turn of our nature and which indicates the essential character of the action the liberated soul must pursue. . . . It is that which inspires a remarkable passage in a letter of Swami Vivekananda. ‘I have lost all wish for my salvation,’ wrote the great Vedantin, ‘may I be born again and again and suffer thousands of miseries so that I may worship the only God that exists, the only God I believe in, the sum-total of all souls, — and above all, my God the wicked, my God the miserable, my God the poor of all races, of all species is the special object of my worship. He who is the high and low, the saint and the sinner, the god and the worm, Him worship, the visible, the knowable, the real, the omnipresent; break all other idols. In whom there is neither past life nor future birth, nor death nor going nor coming, in whom we always have been and always will be one, Him worship; break all other idols.’

“The last two sentences contain indeed the whole gist of the matter.” *The Synthesis of Yoga, volume 23 of The Complete Works of Sri Aurobindo, pp. 269-70.*

The teaching about the hostile forces (Asuri Rakshasi forces) is necessary for those who have a divided consciousness or a more rajasic temperament — for if they are not on their guard they may fall into the control of undesirable forces of Desire and Ego — *rākṣasīm āsurīm caiva prakṛtiṁ mohinīm śritāḥ*.¹¹ (S28: 462)

The Gita — our principal authority on Avatarhood

An Avatar, roughly speaking, is one who is conscious of the presence and power of the Divine born in him or descended into him and governing from within his will and life and action; he feels identified inwardly with this divine power and presence. A Vibhuti is supposed to embody some power of the Divine and is enabled by it to act with great force in the world but that is all that is necessary to make him a Vibhuti: the power may be very great but the consciousness is not that of an inborn or indwelling Divinity. This is the distinction we can gather from the Gita which is the main authority on this subject. If we follow this distinction, we can confidently say from what is related of them that Rama and Krishna can be accepted as Avatars; Buddha figures as such although with a more impersonal consciousness of the Power within him; Ramakrishna voiced the same consciousness when he spoke of him who was Rama and who was Krishna being within him. But Chaitanya's case is peculiar; for according to the accounts he ordinarily felt and declared himself a bhakta of Krishna and nothing more, but in great moments he manifested Krishna, grew luminous in mind and body and was Krishna himself and spoke and acted as the Lord. His contemporaries saw in him an Avatar of Krishna, a manifestation of the divine love. Shankara and Vivekananda were certainly Vibhutis; they cannot be reckoned as more, though as Vibhutis they were very great. (S28: 485-86)

Greatness

Why should the Divine not care for the outer greatness? He cares for everything in the universe. All greatness is the Vibhuti of the Divine, says the Gita. (S28: 504)

Asuric nature

*Āsurīṣu*¹² can't possibly mean "animal". The Gita uses precise terms and if it had meant animal it would have said animal and not Asuric. As for the punishment, it is that they [*Asuric men*] go down in their nature to more depths of Asurism till they touch bottom as it were. But that is a natural result of their uncontrolled tendencies which they freely indulge without any effort to rise out of them while by the

11. "Dwelling in the deluding Asuric and Rakshasic nature." Gita 9.12. – Ed.

12. Kṣipāmyajasram aśubhān āsurīṣveva yoniṣu. "I cast down them continually into more and more Asuric births." Gita 16.19.

cultivation of the higher side of personality one naturally rises and develops towards godhead or the Divine. In the Gita the Divine is regarded as the controller of the whole cosmic action through Nature, so the "I cast" is in harmony with its ideas. The world is a mechanism of Nature, but a mechanism regulated by the presence of the Divine. (S28: 549-50)

Samata and loyalty to Truth

No doubt hatred and cursing are not the proper attitude. It is true also that to look upon all things and all people with a calm and clear vision, to be uninvolved and impartial in one's judgments is a quite proper Yogic attitude. A condition of perfect samata can be established in which one sees all as equal, friends and enemies included, and is not disturbed by what men do or by what happens. The question is whether this is all that is demanded from us. If so, then the general attitude will be one of a neutral indifference to everything. But the Gita, which strongly insists on a perfect and absolute samata, goes on to say, "Fight, destroy the adversary, conquer." If there is no kind of general action wanted, no loyalty to Truth as against Falsehood except for one's personal sadhana, no will for the Truth to conquer, then the samata of indifference will suffice. But here there is a work to be done, a Truth to be established against which immense forces are arranged, invisible forces which use visible things and persons and actions for their instruments. If one is among the disciples, the seekers of this Truth, one has to take sides for the Truth, to stand against the Forces that attack it and seek to stifle it. Arjuna wanted not to stand for either side, to refuse any action of hostility even against assailants; Sri Krishna, who insisted so much on samata, strongly rebuked his attitude and insisted equally on his fighting the adversary. "Have samata," he said, "and seeing clearly the Truth, fight." Therefore to take sides with the Truth and to refuse to concede anything to the Falsehood that attacks, to be unflinchingly loyal and against the hostiles and the attackers, is not inconsistent with equality. It is personal and egoistic feeling that has to be thrown away; hatred and vital ill-will have to be rejected. But loyalty and refusal to compromise with the assailants and the hostiles or to dally with their ideas and demands and say, "After all we can compromise with what they ask from us", or to accept them as companions and our own people — these things have a great importance. If the attack were a physical menace to the work and the leaders and doers of the work, one would see this at once. But because the attack is of a subtler kind, can a passive attitude be right? It is a spiritual battle inward and outward; by neutrality and compromise or even passivity one may allow the enemy Forces to pass and crush down the Truth and its children. If you look at it from this point you will see that if the inner spiritual equality is right, the active loyalty and firm taking of sides is as right, and the two cannot be incompatible.

I have of course treated it as a general question apart from all particular cases

or personal questions. It is a principle of action that has to be seen in its right light and proportions. (S29: 131-33)

Equality and detachment

As for the detachment of which you speak, it comes by attaining the poise of the Spirit, the equality of which the Gita speaks always, but also by sight, by knowledge. For instance, looking at what happened in 1914 — or for that matter at all that is and has been happening in human history — the eye of the Yogin sees not only outward events and persons and causes, but the enormous forces which precipitate them into action. If the men who fought were instruments in the hands of rulers and financiers etc., these in turn were mere puppets in the clutch of these forces. When one is habituated to see the things behind, one is no longer prone to be touched by the outward aspects — or to expect any remedy from political, institutional or social changes; the only way out is through the descent of a consciousness which is not the puppet of these forces but is greater than they are and can force them either to change or disappear. (S29: 133)

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The peace liberates from all dependence on outer contacts — it brings what the Gita calls the *ātmaraṭi*. But at first there is a difficulty in keeping it intact when there is the contact with others because the consciousness has the habit of running outwards in speech or external interchange or else of coming down to the normal level. One must therefore be very careful until it is fixed; once fixed it usually defends itself, for all outer contacts become surface things to a consciousness full of the higher peace. (S29: 151)

Strength and Grace

There is nothing unintelligible in what I say about strength and Grace. Strength has a value for spiritual realisation, but to say that it can be done by strength only and by no other means is a violent exaggeration. Grace is not an invention, it is a fact of spiritual experience. Many who would be considered as mere nothings by the wise and strong have attained by Grace; illiterate, without mental power or training, without “strength” of character or will, they have yet aspired and suddenly or rapidly grown into spiritual realisation, because they had faith or because they were sincere. I do not see why these facts which are facts of spiritual history and of quite ordinary spiritual experience should be discussed and denied and argued as if they were mere matters of speculation. Strength, if it is spiritual, is a power for spiritual realisation; a greater power is sincerity; the greatest power of all is Grace. I have said times

without number that if a man is sincere, he will go through in spite of long delay and overwhelming difficulties. I have repeatedly spoken of the Divine Grace. I have referred any number of times to the line of the Gita:

Ahaṁ tvā sarvapāpebhyo mokṣayiṣyāmi mā śucaḥ.

“I will deliver thee from all sin and evil, do not grieve.” (S29: 172)

The Divine guidance

If we look only at outward facts in their surface appearance or if we regard what we see happening around us as definitive, not as processes of a moment in a developing whole, the guidance is not apparent; at most we may see interventions occasional or sometimes frequent. The guidance can become evident only if we go behind appearances and begin to understand the forces at work and the way of their working and their secret significance. After all, real knowledge — even scientific knowledge — comes by going behind the surface phenomena to their hidden process and causes. It is quite obvious that this world is full of suffering and afflicted with transience to a degree that seems to justify the Gita's description of it as “this unhappy and transient world”, *anityam asukham*. The question is whether it is a mere creation of Chance or governed by a mechanic inconscient Law or whether there is a meaning in it and something beyond its present appearance towards which we move. If there is a meaning and if there is something towards which things are evolving, then inevitably there must be a guidance — and that means that a supporting Consciousness and Will is there with which we can come into inner contact. If there is such a Consciousness and Will, it is not likely that it would stultify itself by annulling the world's meaning or turning it into a perpetual or eventual failure. (S29: 176)

Despair to be rejected

A too ready proneness to discouragement and a consequent despondency is one of the weaknesses of your vital nature and to get rid of it would be a great help. One must learn to go forward on the path of Yoga, as the Gita insists, with a consciousness free from despondency — *anirvinṇacetasā*. Even if one slips, one must rectify the posture; even if one falls, one has to rise and go undiscouraged on the divine way. The attitude must be, “The Divine has promised himself to me if I cleave to him always; that I will never cease to do whatever may come.” (S29: 213)

The yoga of the Gita and the Integral Yoga

It is not a fact that the Gita gives the whole base of Sri Aurobindo's message; for the Gita seems to admit the cessation of birth in the world as the ultimate aim or at least

the ultimate culmination of Yoga; it does not bring forward the idea of spiritual evolution or the idea of the higher planes and the supramental Truth-Consciousness and the bringing down of that consciousness as the means of the complete transformation of earthly life.

The idea of the supermind, the Truth-Consciousness is there in the Rig Veda according to Sri Aurobindo's interpretation and in one or two passages of the Upanishads, but in the Upanishads it is there only in seed in the conception of the being of knowledge, *vijñānamaya puruṣa*, exceeding the mental, vital and physical being; in the Rig Veda the idea is there but in principle only, it is not developed and even the principle of it has disappeared from the Hindu tradition.

It is these things among others that constitute the novelty of Sri Aurobindo's message as compared with the Hindu tradition, — the idea that the world is not either a creation of Maya or only a play, *līlā*, of the Divine, or a cycle of births in the ignorance from which we have to escape, but a field of manifestation in which there is a progressive evolution of the soul and the nature in Matter and from Matter through Life and Mind to what is beyond Mind till it reaches the complete revelation of Sachchidananda in life. It is this that is the basis of the Yoga and gives a new sense to life. (S29: 444-45)

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To the question in your last letter there can be no reply except that it is only either a single-minded faith or a fixed will that can give you the open road to the Yoga. It is because your ideas and your will are in a constant state of flux or of oscillation that you do not succeed. Even with a deficient faith, a fixed mind and will can carry one on and bring the experiences by which an uncertain faith is changed into certitude.

It is the reason why it is difficult for me to answer your questions about the different alternatives. I may say that the way of the Gita is itself a part of the Yoga here and those who have followed it, to begin with or as a first stage, have a stronger basis than others for this Yoga. To look down on it therefore as something separate and inferior is not a right standpoint. But whatever it is, you must yourself choose, nobody can do it for you. Those who go and come, can do so profitably only if or because they have made the decision and keep to it; when they are here, it is for the Yoga that they come, when they are elsewhere, the will for the Yoga remains with them there. You have to get rid of your constant reasonings and see whether you can do without the impulse towards Yoga or not — if you cannot, then it is useless thinking of the ordinary life without Yoga — your nature will compel you to seek after it even if you have to seek all your life with a small result. But the small result is mainly due to the mind which always came in the way and the vital weakness which gives it its support for its reasonings. If you fixed your will irrevocably, that would give you a chance — and whether you followed it here or elsewhere would

make only a minor difference.

I suggested the Gita method for you because the opening which is necessary for the Yoga here seems to be too difficult for you. If you made a less strenuous demand upon yourself, there might be a greater chance. In any case, if you cannot return to the ordinary life, it seems, in the absence of an opening to the Power that is here, the only course for you. (S29: 445-46)

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The *Essays on the Gita* explain the ordinary karmayoga as developed in the Gita, in which the work done is the ordinary work of human life with only an inward change. There too the violence to be used is not a personal violence done from egoistic motives, but part of the ordered system of social life. Nothing can spiritually justify individual violence done in anger or passion or from any vital motive. In our Yoga our object is to rise higher than the ordinary life of man and in it violence has to be left aside altogether. (S31: 277)

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I do not usually undertake the guidance of any except those who accept my own way of Yoga and show some signs of having a special call to it.

All I can suggest to him is to practise some kind of Karmayoga — remembering the Supreme in all his actions from the smallest to the greatest, doing them with a quiet mind and without ego-sense or attachment and offering them to Him as a sacrifice. He may also try or aspire to feel the presence of the Divine Shakti behind the world and its forces, distinguish between the lower nature of the Ignorance and the higher divine nature whose character is absolute calm, peace, power, Light and Bliss and aspire to be raised and led gradually from the lower to the higher.

If he can do this, he will become fit in time to dedicate himself to the Divine and lead a wholly spiritual life. (S29: 234-35)

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The line that seems to be natural to him is the Karmayoga and he is therefore right in trying to live according to the teaching of the Gita; for the Gita is the great guide on this path. Purification from egoistic movements and from personal desire and the faithful following of the best light one has are a preliminary training for this path, and so far as he has followed these things he has been on the right way, but to ask for strength and light in one's action must not be regarded as an egoistic movement, for they are necessary in one's inner development.

Obviously, a more systematic and intensive sadhana is desirable or, in any

case, a steady aspiration and a more constant preoccupation with the central aim could bring an established detachment even in the midst of outer things and outer activity and a continuous guidance. The completeness, the Siddhi of this way of Yoga — I speak of the separate path of Karma or spiritual action — begins when one is luminously aware of the Guide and the guidance and when one feels the Power working with oneself as the instrument and the participator in the divine work. (S29: 235)

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I gather from X's letter to you that he has been following a very sound method in his practice and has attained some good results. The first step in Karmayoga of this kind is to diminish and finally get rid of the ego-centric position in works, the lower vital reactions and the principle of desire. He must certainly go on on this road until he reaches something like its end. I would not wish to deflect him from that in any way.

What I had in view when I spoke [*in the preceding letter*] of a systematic sadhana was the adoption of a method which would generalise the whole attitude of the consciousness so as to embrace all its movements at a time instead of working only upon details — although that working is always necessary. I may cite as an example the practice of the separation of the Prakriti and the Purusha, the conscious being standing back detached from all the movements of Nature and observing them as witness and knower and finally as the giver (or refuser) of the sanction and at the highest stage of development, the Ishwara, the pure will, master of the whole nature.

By intensive sadhana I meant the endeavour to arrive at one of the great positive realisations which would be a firm base for the whole movement. I observe that he speaks of sometimes getting a glimpse of some wide calm when he feels the leading of Vyasa. A descent of this wide calm permanently into the consciousness is one of the realisations of which I was thinking. That he feels it at such times seems to indicate that he may have the capacity of receiving and retaining it. If that happened or if the Prakriti-Purusha realisation came, the whole sadhana would proceed on a strong permanent base with a new and entirely Yogic consciousness instead of the purely mental endeavour which is always difficult and slow. I do not however want to press these things upon him; they come in their own time and to press towards them prematurely does not always hasten their coming. Let him continue with his primary task of self-purification and self-preparation; I shall always be ready to give him what silent help I can. (S29: 235-36)

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I do not know that it is possible for me to give any guidance on the path you have chosen — it is at any rate difficult for me to say anything definite without more precise data than those contained in your letter.

There is no need for you to change the line of life and work you have chosen so long as you feel that to be the way of your nature (*svabhāva*) or dictated to you by your inner being or, for some reason, it is seen to be your proper dharma. These are the three tests and apart from that I do not know if there is any fixed line of conduct or way of work or life that can be laid down for the yoga of the Gita. It is the spirit or consciousness in which the work is done that matters most; the outer form can vary greatly for different natures. This, so long as one does not get the settled experience of the Divine Power taking up one's works and doing them; afterwards it is the Power which determines what is to be done or not done.

The overcoming of all attachments must necessarily be difficult and cannot come except as the fruit of a long *sādhana* — unless there is a rapid general growth in the inner spiritual experience which is the substance of the Gita's teaching. The cessation of desire of the fruit, of the attachment to the work itself, the growth of equality to all beings, to all happenings, to good repute or ill repute, praise or blame, to good fortune or ill fortune, the dropping of the ego which are necessary for the loss of all attachments can come completely only when all work becomes a spontaneous sacrifice to the Divine, the heart is offered up to Him and one has the settled experience of the Divine in all things and all beings. This consciousness or experience must come in all parts and movements of the being, *sarvabhāvena*, not only in the mind and idea; then the falling away of all attachments becomes easy. I speak of the Gita's way of yoga, for in the ascetic life one obtains the same object differently, by cutting away from the objects of attachment and the consequent atrophy of the attachment itself through rejection and disuse. (S29: 236-37)

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If I have not written to you, it is because I could not add anything to what I had already written before to you. I cannot promise that within a given time you will have a result which will enable you either to go out into the world with a stronger spirit or succeed in the Yoga. For the Yoga you yourself say that you have not yet the whole mind for it and without the whole mind success is hardly possible in sadhana. For the other it is hardly the function of sadhana to prepare a man for ordinary life in the world. There is one thing only that could work in a direction which would help you to something which is not that, but still not the whole Yoga for which you intimate that you are not wholly ready. It is if you get the spirit of the Yoga of works as it is indicated in the Gita — forget yourself and your miseries in the aspiration to a larger consciousness, feel the greater Force working in the world and make yourself an instrument for a work to be done, however small it may be.

But, whatever the way may be, you must accept it wholly and put your whole will into it — with a divided and wavering will you cannot hope for success in anything, neither in life nor in Yoga. (S29: 237-38)

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That is the ordinary Karmayoga in which the sadhak chooses his own work but offers it to the Divine — it is given to him in the sense that he is moved to it through some impulsion of his mind or heart or vital and feels that there is some cosmic power or *the* cosmic Power behind the impulsion and he tries to train himself to see the One Force behind all actions working out in him and others the cosmic Purpose.

Once he has the ideal of the direct surrender he has to find the direct moving or Guidance — that is why he rejects all that he sees to be merely mental, vital or physical impulsions coming from his own or universal Nature. Of course the full significance of the surrender comes out only when he is ready. (S29: 238)

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Any work can be done as a field for the practice of the spirit of the Gita. (S29: 238)

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The ordinary life consists in work for personal aim and satisfaction of desire under some mental or moral control, touched sometimes by a mental ideal. The Gita's Yoga consists in the offering of one's work as a sacrifice to the Divine, the conquest of desire, egoless and desireless action, bhakti for the Divine, an entering into the cosmic consciousness, the sense of unity with all creatures, oneness with the Divine. This Yoga adds the bringing down of the supramental Light and Force (its ultimate aim) and the transformation of the nature. (S29: 238)

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Work here and work done in the world are of course not the same thing. The work there is not in any way a divine work in special — it is ordinary work in the world. But still one must take it as a training and do it in the spirit of karmayoga — what matters there is not the nature of the work in itself but the spirit in which it is done. It must be in the spirit of the Gita, without desire, with detachment, without repulsion, but doing it as perfectly as possible, not for the sake of the family or promotion or to please the superiors, but simply because it is the thing that has been given in the hand to do. It is a field of inner training, nothing more. One has to learn in it three things, equality, desirelessness, dedication. It is not the work as a thing for its own

sake, but one's doing of it and one's way of doing it that one has to dedicate to the Divine. Done in that spirit it does not matter what the work is. If one trains oneself spiritually like that, then one will be ready to do in the true way whatever special work directly for the Divine (such as the Asram work) one may any day be given to do. (S29: 240-41)

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I may say however that I do not regard business as something evil or tainted, any more than it was so regarded in ancient spiritual India. If I did, I would not be able to receive money from *X* or from those of our disciples who in Bombay trade with East Africa; nor could we then encourage them to go on with their work but would have to tell them to throw it up and attend to their spiritual progress alone. How are we to reconcile *X*'s seeking after spiritual light and his mill? Ought I not to tell him to leave his mill to itself and to the devil and go into some Ashram to meditate? Even if I myself had had the command to do business as I had the command to do politics I would have done it without the least spiritual or moral compunction. All depends on the spirit in which a thing is done, the principle on which it is built and use to which it is turned. I have done politics and the most violent kind of revolutionary politics, *ghoram karma*, and I have supported war and sent men to it, even though politics is not always or often a very clean occupation nor can war be called a spiritual line of action. But Krishna calls upon Arjuna to carry on war of the most terrible kind and by his example encourage men to do every kind of human work, *sarvakarmāṇi*. Do you contend that Krishna was an unspiritual man and that his advice to Arjuna was mistaken or wrong in principle? Krishna goes farther and declares that a man by doing in the right way and in the right spirit the work dictated to him by his fundamental nature, temperament and capacity and according to his and its dharma can move towards the Divine. He validates the function and dharma of the Vaishya as well as of the Brahmin and Kshatriya. It is in his view quite possible for a man to do business and make money and earn profits and yet be a spiritual man, practise Yoga, have an inner life. The Gita is constantly justifying works as a means of spiritual salvation and enjoining a Yoga of works as well as of Bhakti and Knowledge. Krishna, however, superimposes a higher law also that work must be done without desire, without attachment to any fruit or reward, without any egoistic attitude or motive, as an offering or sacrifice to the Divine. This is the traditional Indian attitude towards these things, that all work can be done if it is done according to the dharma and, if it is rightly done, it does not prevent the approach to the Divine or the access to spiritual knowledge and the spiritual life.

There is of course also the ascetic ideal which is necessary for many and has its place in the spiritual order. I would myself say that no man can be spiritually complete if he cannot live ascetically or follow a life as bare as the barest anchorite's.

Obviously, greed for wealth and money-making has to be absent from his nature as much as greed for food or any other greed and all attachment to these things must be renounced from his consciousness. But I do not regard the ascetic way of living as indispensable to spiritual perfection or as identical with it. There is the way of spiritual self-mastery and the way of spiritual self-giving and surrender to the Divine, abandoning ego and desire even in the midst of action or of any kind of work or all kinds of work demanded from us by the Divine. If it were not so, there would not have been great spiritual men like Janaka or Vidura in India and even there would have been no Krishna or else Krishna would have been not the Lord of Brindavan and Mathura and Dwarka or a prince and warrior or the charioteer of Kurukshetra, but only one more great anchorite. The Indian scriptures and Indian tradition, in the Mahabharata and elsewhere, make room both for the spirituality of the renunciation of life and for the spiritual life of action. One cannot say that one only is the Indian tradition and that the acceptance of life and works of all kinds, *sarvakarmāṇi*, is un-Indian, European or Western and unspiritual. (S29: 248-50)

Verses of the Gita used as japa

Verses of the Gita can be used as japa, if the object is to realise the Truth that the verses contain in them. If X's father has taken the salient verses containing the heart of the teaching for that purpose, then it is all right. Everything depends on the selection of the verses. A coherent summary of the Gita's teaching cannot easily be put together by putting together some verses, but that is not necessary for a purpose of this kind which could only be to put the key truths together — not for intellectual exposition but for grasping in realisation which is the object of japa. (S29: 328)

Hostility towards the Divine

As regards your defence of X, they sound like X's own ideas and very queer ideas they are. If they are right, we should have to come to the following conclusions —

1. Sattwa is not the best passage towards realisation, Rajas is the best way to become spiritual. It is the rajasic man with his fierce ego and violent passions who is the true sadhak of the Divine.

2. The Asura is the best bhakta. The Gita is quite wrong in holding up the Deva nature as the condition of realisation and the Asura nature as contrary to it. It is the other way round.

3. Ravana, Hiranyakashipu, Shishupala were the greatest devotees of the Divine because they were capable of hostility to the Divine and so were liberated in a few lives — compared with them the great Rishis and Bhaktas were very poor spiritual vessels. I am aware of the paradox about Ravana in the Purana, but let me point out that these Asuras and Rakshasas did not pretend to be disciples or worshippers of

Rama or Krishna or Vishnu or use their position as disciples to get moksha by revolt — they got it by being enemies and getting killed and absorbed into the Godhead.

4. Obedience to the Guru, worship of the Divine are all tommy rot and fit only for sheep, not men. To turn round furiously on the Guru or the Divine, abuse him, express contempt, challenge his sincerity, declare his actions to be wrong, foolish or a trick — to assert oneself as right at every point and his judgment as mistaken, prejudiced, absurd, false, a support of devils etc. etc. is the best way of devotion and the true relation between Guru and Shishya. Disobedience is the highest respect to the Guru, anger and revolt are the noblest worship one can give to the Divine.

5. One who takes the blows of Mahakali with joy as a means of discovering his faults and increasing in light and strength and purity is a sheep and unworthy of discipleship — one who responds to the quietest pressure to change by revolt and persisting in his errors is a strong man and a mighty adhar and a noble disciple on the way to perfection.

I could go on multiplying the consequences, but I have no time. Do you really believe all these things? They are the natural consequences of X's theory or of this theory of revolt as the way to perfection. If you accept the premiss, you have to accept the logical consequences. That is what X did — only he called his errors Truth and the way prescribed by me was falsehood explicable only by the fact that I was a "Master who had forgotten his higher self". And the consequences led to his departure, not willed by us, but by his own choice — and under such circumstances that he has made it a practical impossibility for me to let him come back unless he undergoes a change which the experience of the past does not warrant me in thinking possible. (S29: 360-61)

On perception

Perception is not enough to transform the nature. *Paśyataḥ* in the spiritual language does not mean only perception. Perception is of the mind and a mental perception is not enough — a substantial and dynamic realisation in all the being is necessary. Otherwise one of three things may happen. (1) The mind perceives oneness but the vital is not affected, it goes on with its impulses, for the vital is governed not by thought or reason but by tendency, impulse, desire-force — it uses reason only as a justification for its tendencies. Or even the vital may say, "All is one so it does not matter what I do. Why should not I seek oneness with others in my own way?" (2) If the mind has a realisation, but the vital does not share in it or distorts it, then also the vital can insist on its own way or even carry the mind along with it. As the Gita says, the senses (vital) carry away the mind even of the sage who sees, as the wind carries away a ship on a stormy sea. (3) The inner being may have the realisation strongly and live in the oneness, calm, peace, but the interior parts of the outer may feel the reactions of desire etc. In this case the reactions are more superficial; but

even so rejection is needed till they cease. When all the being lives in the solid realisation of calm, peace, liberation, oneness, then the desires fall away and the necessity of rejection ceases, because there is nothing to reject any longer.

(S29: 424-25)

Altruism and service

“The service of mankind” sounds like a very modern and European conception; it reminds me of some European interpretations of the Gita as merely teaching the disinterested performance of duty or the pronouncement that the whole idea of the Gita is service. The exclusive stress or overstress on mankind or humanity is also European. Mahayanist Buddhism laid stress on compassion, fellow-feeling with all, *vasudhaiva kuṭumbakam*, just as the Gita speaks of the feeling of oneness with all beings and preoccupation with the good of all beings, *sarvabhūtahite ratāḥ*, but this does not mean humanity only but all beings and *vasudhā* means all earth-life.

(S29: 430)

Nirvana of the Buddha and that of the Gita

It [*the Nirvana of Buddha*] is the same [*as the Nirvana of the Gita*]. Only the Gita describes it as Nirvana in the Brahman while Buddha preferred not to give any name or say anything about that into which the nirvana took place. Some later schools of Buddhists described it as Sunya, the equivalent of the Chinese Tao, described as the Nothing which is everything. (S29: 431)

The teaching of the Gita

This world *is* as the Gita describes it, *anityam asukham*, so long as we live in the present world-consciousness; it is only by turning from that to the Divine and entering into the Divine Consciousness that one can possess, through the world also, the Eternal. (S29: 441)

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The Gita cannot be described as exclusively a gospel of love. What it sets forth is a Yoga of knowledge, devotion and works based on a spiritual consciousness and realisation of oneness with the Divine and of the oneness of all beings in the Divine. Bhakti, devotion and love of God carrying with it unity with all beings and love for all beings is given a high place but always in connection with knowledge and works.

(S29: 441)

Apparent contradictions in the Gita

The language of the Gita in many matters seems sometimes contradictory because it admits two apparently opposite truths and tries to reconcile them. It admits the ideal of departure from sansara into the Brahman as one possibility; also it affirms the possibility of living free in the Divine (in Me, it says) and acting in the world as the Jivanmukta. It is this latter kind of salvation on which it lays the greatest emphasis. So Ramakrishna put the "divine souls" (Ishwarakoti) who can descend the ladder as well as ascend it higher than the ordinary Jivas (Jivakoti) who, once having ascended, have not the strength to descend again for divine work. The full truth lies in the supramental consciousness and the power to work from there on life and matter.

(S29: 441)

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There is no real contradiction; the two passages indicate in the Gita's system two different movements of its Yoga, the complete surrender being the crowning movement. One has first to conquer the lower nature, deliver the self involved in the lower movement by means of the higher Self which rises into the divine nature; at the same time one offers all one's actions including the inner action of the Yoga as a sacrifice to the Purushottama, the transcendent and immanent Divine. When one has risen into the higher Self, has the knowledge and is free, one makes the complete surrender to the Divine, abandoning all other dharmas, living only by the divine Consciousness, the divine Will and Force, the divine Ananda.

Our Yoga is not identical with the Yoga of the Gita although it contains all that is essential in the Gita's Yoga. In our Yoga we begin with the idea, the will, the aspiration of the complete surrender; but at the same time we have to reject the lower nature, deliver our consciousness from it, deliver the self involved in the lower nature by the self rising to freedom in the higher nature. If we do not do this double movement, we are in danger of making a tamasic and therefore unreal surrender, making no effort, no tapas and therefore no progress; or else we may make a rajasic surrender not to the Divine but to some self-made false idea or image of the Divine which masks our rajasic ego or something still worse. (S29: 442)

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It was not your account of the inconsistencies of the Gita, but those that have been urged against the combining of sadhanas of which the Gita is the finest example that I was speaking of. Your objection to Krishna's pouring contradictory sadhanas on Arjuna was, I said, akin to these and not more sustainable.

All the other side questions I consider irrelevant and of no importance. The

setting of the Gita is poetic and legendary and I consider it an admirable setting, but if you consider it a bad one, that does not matter. It makes no difference, even if you are right, to the spiritual excellence of the Gita. I care nothing whether Sanjaya and Krishna and Arjuna of the Mahabharat were myths or real persons. The only thing that is important is that the sadhana of the Gita is a real thing and can be lived and that if spiritually lived, its so-called inconsistencies are no inconsistencies but many well-related aspects of a single Divine Truth — the vision seen by Arjuna included. The rest is a matter of opinion and, as I say, of no spiritual importance.

(S29: 442-43)

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The Gita was *not* meant by the writer to be an allegory — you can say, if you like, that now we should dismiss the ancient war element by interpreting it as if it were an allegory. The Gita is Yoga, spiritual truth applied to external life and action — but it may be *any* action and not necessarily an action *resembling* that of the Gita. The *principle* of the spiritual consciousness applied to action has to be kept; the particular example used by the Gita may be treated as a thing belonging to a past world.

(S29: 443)

The Gita, the Divine Mother and the Purushottama

The Gita does not speak expressly of the Divine Mother; it speaks always of surrender to the Purushottama — it mentions her only as the Para Prakriti who becomes the Jiva, i.e., who manifests the Divine in the multiplicity and through whom all these worlds are created by the Supreme and he himself descends as the Avatar. The Gita follows the Vedantic tradition which leans entirely on the Ishwara aspect of the Divine and speaks little of the Divine Mother because its object is to draw back from world-nature and arrive at the supreme realisation beyond it; the Tantrik tradition leans on the Shakti or Ishwari aspect and makes all depend on the Divine Mother, because its object is to possess and dominate the world-nature and arrive at the supreme realisation through it. This Yoga insists on both the aspects; the surrender to the Divine Mother is essential, for without it there is no fulfilment of the object of the Yoga.

In regard to the Purushottama the Divine Mother is the supreme divine Consciousness and Power above the worlds, Adya Shakti; she carries the Supreme in herself and manifests the Divine in the worlds through the Akshara and the Kshara. In regard to the Akshara she is the same Para Shakti holding the Purusha immobile in herself and also herself immobile in him at the back of all creation. In regard to the Kshara she is the mobile cosmic Energy manifesting all beings and forces.

(S29: 443-44)

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I do not know that there is anything like a Purushottama consciousness which the human being can attain or realise *for himself*, — for, in the Gita, the Purushottama is the Supreme Lord, the Supreme Being who is beyond the Immutable and the Mutable and contains both the One and the Many. Man, says the Gita, can attain the Brahmic consciousness, realise himself as an eternal portion of the Purushottama and live in the Purushottama. The Purushottama consciousness is the consciousness of the Supreme Being and man by loss of ego and realisation of his true essence can *live in* it. (S29: 444)

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The Shankara knowledge is, as your Guru pointed out, only one side of the Truth; it is the knowledge of the Supreme as realised by the spiritual Mind through the static silence of the pure Existence. It was because he went by this side only that Shankara was unable to accept or explain the origin of the universe except as illusion, a creation of Maya. Unless one realises the Supreme on the dynamic as well as the static side, one cannot experience the true origin of things and the equal reality of the active Brahman. The Shakti or Power of the Eternal becomes then a power of illusion only and the world becomes incomprehensible, a mystery of cosmic madness, an eternal delirium of the Eternal. Whatever verbal or ideative logic one may bring to support it, this way of seeing the universe explains nothing; it only erects a mental formula of the inexplicable. It is only if you approach the Supreme through his double aspect of Sat and Chit-Shakti, double but inseparable, that the total truth of things can become manifest to the inner experience. The other side was developed by the Shakta Tantrics. The two together, the Vedantic and the Tantric truth unified, can arrive at the integral knowledge.

But philosophically this is what your Guru's teaching comes to and it is obviously a completer truth and a wider knowledge than that given by the Shankara formula. It is already indicated in the Gita's teaching of the Purushottama and the Parashakti (Adya Shakti) who becomes the Jiva and upholds the universe. It is evident that Purushottama and Parashakti are both eternal and are inseparable and one in being; the Parashakti manifests the universe, manifests too the Divine in the universe as the Ishwara and herself appears at his side as the Ishwari Shakti. Or, one may say, it is the Supreme Consciousness-Power of the Supreme that manifests or puts forth itself as Ishwara Ishwari, Atma Atmashakti, Purusha Prakriti, Jiva Jagat. That is the truth in its completeness as far as the mind can formulate it. In the Supermind these questions do not even arise — for it is the mind that creates the problem by erecting oppositions between aspects of the Divine which are not really opposed to each other but are one and inseparable.

This supramental knowledge has not yet been attained, because the supermind itself has not been attained, but the reflection of it in intuitive spiritual consciousness

is there and that was what was evidently realised in experience by your Guru and what he was expressing in mental terms in the quoted passage. It is possible to go towards this knowledge by beginning with the experience of dissolution in the One, but on condition that you do not stop there, taking it as the highest Truth, but proceed to realise the same One as the supreme Mother, the Consciousness Force of the Eternal. If on the other hand you approach through the supreme Mother, she will give you the liberation in the silent One also as well as the realisation of the dynamic One and from that it is easier to arrive at the Truth in which both are one and inseparable. At the same time the gulf created by Mind between the Supreme and his Manifestation is bridged and there is no longer a fissure in the truth which makes all incomprehensible. If in the light of this you examine what your Guru taught, you will see that it is the same thing in less metaphysical language. (S29: 448-49)

Krishna

This is the Krishna of the Gita (the boy Krishna is the Krishna of Brindavan), — Krishna bringing the spiritual knowledge, will, bhakti — and not love and bhakti alone.

The eye indicates the vision of the higher spiritual consciousness and the blue expanse indicates that consciousness. (S30: 156)

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The consciousness you speak of would be described in the Gita as the witness Purusha. The Purusha or basic consciousness is the true being or at least, on whatever plane it manifests, represents the true being. But in the ordinary nature of man it is covered up by the ego and the ignorant play of the Prakriti and remains veiled behind as the unseen Witness supporting the play of the Ignorance. When it emerges, you feel it as a consciousness behind, calm, central, unidentified with the play which depends upon it. It may be covered over, but it is always there. The emergence of the Purusha is the beginning of liberation. But it can also become slowly the Master — slowly because the whole habit of the ego and the play of the lower forces (which also you describe correctly here) is against that. Still it can dictate what higher play is to replace the lower movement and then there is the process of that replacement, the higher coming, the lower struggling to remain and push away the higher movement. You say rightly that the offering to the Divine shortens the whole thing and is more effective, but usually it cannot be done completely at once owing to the past habit and the two methods continue together until the complete surrender is possible. (S30: 244)

Samadhi and the waking state

Trance is a going inside away from the waking state. What corresponds to trance in the waking state would be a complete concentration indifferent to outward movements or else a silence of the whole being in Brahman realisation, the *samāhita* state of the Gita. (S30: 252)

If the Divine did not work . . .

The laws of this world as it is are the laws of the Ignorance and the Divine in the world maintains them so long as there is the Ignorance — if He did not, the universe would crumble to pieces, *utsīdeyur ime lokāḥ*, as the Gita puts it. There are also, very naturally, conditions for getting out of the Ignorance into the Light. One of them is that the mind of the sadhak should cooperate with the Truth and that his will should cooperate with the Divine Power which, however slow its action may seem to the vital or to the physical mind, is uplifting the nature towards the Light. When that cooperation is complete, then the progress can be rapid enough; but the sadhak should not grudge the time and labour needed to make that cooperation fully possible to the blindness and weakness of human nature and effective. (S31: 32)

Sadness not salutary

I do not know that sadness has the power to cure [*dryness in the vital*]. I have myself followed the Gita's path of equanimity — but for some the psychic sadness may be necessary. But I think it is more an indication of a mistake than a cure.

(S31: 136)

Dangerous to let the heart get away with vital emotions

It is dangerous to have a heart insisting on its own vital emotions. Not to be the slave of vital joy or sorrow is a condition one has to pass through in order to arrive at true Anandam. If people are right [*that a heart indifferent to joy and sorrow is not desirable*] then there can never be any equality and we have even to say that equality is a bad thing. If so, then the whole of the Gita is a mass of nonsense.

(S31: 177)

The spirit of detachment

There is no harm in devoting yourself to occupations which will help the sadhana. The earning of money and family affairs have only to be looked after if the circumstances are such as to compel it. They should then be done in a spirit of entire

detachment, dealing with them so as to develop in oneself the consciousness described in the Gita. (S31: 292)

Relations in ordinary life

The best way to prepare oneself for the spiritual life when one has to live in the ordinary occupations and surroundings is to cultivate an entire equality and detachment and the *samatā* of the Gita with the faith that the Divine is there and the Divine Will at work in all things even though at present under the conditions of a world of Ignorance. Beyond this are the Light and Ananda towards which life is working, but the best way for their advent and foundation in the individual being and nature is to grow in this spiritual equality. That would also solve your difficulty about things unpleasant and disagreeable. All unpleasantness should be faced with this spirit of *samatā*. (S31: 344)

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The realisation in the mind of the One brings or ought to bring a certain freedom in the mind, but it is possible for the vital and the body under its impulse to go on having the ordinary movements — for they depend only partially on the mind for their action. They can even carry it away, *haranti prasabham manah*, or they can act in spite of the mind's reasoning and disapprobation. "I see the better and approve it, I follow the worse" as the Roman poet puts it — in the language of the Gita, *anicchannapi balād iva niyojitaḥ*. It is necessary therefore that the realisation with its peace and force of purity should come down concretely into the vital and physical itself so that when the vital movements try to rise they are met by it and unable to remain because of its automatic pressure. (S31: 367)

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What you describe is what the Gita means by the realisation that all action is done by the Prakriti. You feel it mechanical because you are in the physical consciousness where all is mechanism. On the mental and vital plane one can have the same experience, but of the actions as a play of forces. What is lacking at present to you is the other side of the experience, viz. that of the silent Atman or else of the witness Purusha calm, tranquil, free, pure and undisturbed by the play of the Prakriti. It tries to come and you are on the point of going into it, but the tendency of externalisation is still too strong. This tendency took you when you came down into the physical — for it is the nature of the ordinary physical consciousness to precipitate itself into the action of the external personality. You have to get back the power of the internal consciousness, above as Atman, below as Purusha first witness and then master of the nature. (S31: 406)

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The idea of giving up food is a wrong inspiration. You can go on with a small quantity of food, but not without food altogether, except for a comparatively short time. Remember what the Gita says, "Yoga is not for one who eats in excess nor for one who abstains from eating altogether." Vital energy is one thing — of that one can draw a great amount without food and often it increases with fasting; but physical substance, without which life loses its support, is of a different order. If at any time it became possible to renew the body without food and that proved necessary for the Yoga, the Mother and I would be the first to do it. So keep to your established diet and do not get impatient with Nature. (S31: 432)

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Types of food

I think the importance of sattvic food from the spiritual point of view has been exaggerated. Food is rather a question of hygiene and many of the sanctions and prohibitions laid down in ancient religions had more a hygienic than a spiritual motive. The Gita's definitions seem to point in the same direction — tamasic food, it seems to say, is what is stale or rotten with the virtue gone out of it, rajasic food is that which is too acrid, pungent etc., heats the blood and spoils the health, sattvic food is what is pleasing, healthy etc. It may well be that different kinds of food nourish the action of the different gunas and so indirectly are helpful or harmful apart from their physical action. But that is as far as we can confidently go. What particular eatables are or are not sattvic is another question and more difficult to determine. Spiritually, I should say that the effect of food depends more on the occult atmosphere and influences that come with it than on anything in the food itself. Vegetarianism is another question altogether; it stands, as you say, on a will not to do harm to the more conscious forms of life for the satisfaction of the belly.

As to the question of practising to take all kinds of food with equal rasa, it is not necessary to practise nor does it really come by practice. One has to acquire equality within in the consciousness and as this equality grows one can extend it or apply it to the various fields of the activity of the consciousness. (S31: 433)

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The first thing I tell people when they want not to eat or sleep is that no Yoga can be done without sufficient food and sleep (see the Gita on this point). This is not Gandhi's asram or a miracle-shop. Fasting and sleeplessness make the nerves morbid and excited and weaken the brain and lead to delusions and fantasies. The Gita says Yoga is not for one who eats too much or sleeps too much, neither is it for one who does not eat or does not sleep, but if one eats and sleeps suitably — *yuktāhārī*

yuktanidrah — then one can do it best. It is the same with everything else. How often have I said that excessive retirement was suspect to me and that to do nothing but meditate was a lopsided and therefore unsound sadhana. (S31: 437)

Difficulties and the Integral Yoga

This Yoga is certainly difficult, but is any Yoga really easy? You speak of the lure of liberation into the extracosmic Absolute, but how many who set out on the path of Nirvana attain to it in this life or without a long, strenuous and difficult endeavour? Which of the paths has not to pass through the dry desert in order to reach the promised land? Even the path of Bhakti which is said to be the easiest is full of the lamentations of the bhaktas complaining that they call but the Beloved eludes their grasp, the place of meeting is prepared but even now Krishna does not come. Even if there is the joy of a brief glimpse or the passion of *milana*, it is followed by long periods of *viraha*. It is a mistake to think that any path of Yoga is facile, that any is a royal road or short cut to the Divine, or that like a system of “French made easy” or “French without tears”, so there can be a system of “Yoga made easy” or “Yoga without tears”. A few great souls prepared by past lives or otherwise lifted beyond the ordinary spiritual capacity may attain realisation more swiftly; some may have uplifting experiences at an early stage, but for most the *siddhi* of the path, whatever it is, must be the end of a long, difficult and persevering endeavour. One cannot have the crown of spiritual victory without the struggle or reach the heights without the ascent and its labour. Of all it can be said, “Difficult is that road, hard to tread like the edge of a razor.”

You find the path dry precisely because you have not yet touched the fringe of it. But all paths have their dry periods and for most though not for all it is at the beginning. There is a long stage of preparation necessary in order to arrive at the inner psychological condition in which the doors of experience can open and one can walk from vista to vista — though even then new gates may present themselves and refuse to open until all is ready. This period can be dry and desert-like unless one has the ardour of self-introspection and self-conquest and finds every step of the effort and struggle interesting or unless one has or gets that secret of trust and self-giving which sees the hand of the Divine in every step of the path and even in the difficulty the grace or the guidance. The description of Yoga as “bitter like poison in the beginning” because of the difficulty and struggle “but in the end sweet as nectar” because of the joy of realisation, the peace of liberation or the divine Ananda and the frequent description by sadhaks and bhaktas of the periods of dryness shows sufficiently that it is no unique peculiarity of this Yoga. All the old disciplines recognised this and it is why the Gita says that Yoga should be practised patiently and steadily with a heart that refuses to be overcome by despondency. It is a recommendation applicable to this path but also to the way of the Gita and to the

hard “razor” path of the Vedanta, and to every other. It is quite natural that the higher the Ananda to come down, the more difficult may be the beginning, the drier the deserts that have to be crossed on the way.

Certainly, the supramental manifestation does not bring peace, purity, force, power of knowledge only; these give the necessary conditions for the final realisation, are part of it, but Love, Beauty and Ananda are the essence of its fulfilment. And although the supreme Ananda comes with the supreme fulfilment, there is no real reason why there should not be the love and Ananda and beauty of the way also. Some have found that even at an early stage before there was any other experience. But the secret of it is in the heart, not the mind — the heart that opens its inner door and through it the radiance of the soul looks out in a blaze of trust and self-giving. Before that inner fire the debates of the mind and its difficulties wither away and the path however long or arduous becomes a sunlit road not only towards but through love and Ananda.

Nevertheless, even if that does not come at first, one can arrive at it by a patient perseverance — the psychic change is indeed the indispensable preliminary of any approach to the supramental path and this change has for its very core the blossoming of the inner love, joy, bhakti. Some may find a mental opening first and the mental opening may bring peace, light, a beginning of knowledge first, but this opening from above is incomplete unless it is followed by an opening inward of the heart. To suppose that the Yoga is dry and joyless because the struggles of your mind and vital have made your first approach to it dry is a misunderstanding and an error. The hidden springs of sweetness will reveal themselves if you persevere, even if now they are guarded by the dragons of doubt and unsatisfied longing. Grumble, if your nature compels you to it, but persevere. (S31: 627-29)

THE MESSAGE OF THE GITA

“The secret of action,” so we might summarise the message of the Gita, the word of its divine Teacher, “is one with the secret of all life and existence. Existence is not merely a machinery of Nature, a wheel of law in which the soul is entangled for a moment or for ages; it is a constant manifestation of the Spirit. Life is not for the sake of life alone, but for God, and the living soul of man is an eternal portion of the Godhead. Action is for self-finding, for self-fulfilment, for self-realisation and not only for its own external and apparent fruits of the moment or the future. There is an inner law and meaning of all things dependent on the supreme as well as the manifested nature of the self; the true truth of works lies there and can be represented only incidentally, imperfectly and disguised by ignorance in the outer appearances of the mind and its action. The supreme, the faultless largest law of action is therefore to find out the truth of your own highest and inmost existence and live in it and not to follow any outer standard and dharma. All life and action must be till then an

imperfection, a difficulty, a struggle and a problem. It is only by discovering your true self and living according to its true truth, its real reality that the problem can be finally solved, the difficulty and struggle overpassed and your doings perfected in the security of the discovered self and spirit turn into a divinely authentic action. Know then your self; know your true self to be God and one with the self of all others; know your soul to be a portion of God. Live in what you know; live in the self, live in your supreme spiritual nature, be united with God and Godlike. Offer, first, all your actions as a sacrifice to the Highest and the One in you and to the Highest and the One in the world; deliver last all you are and do into his hands for the supreme and universal spirit to do through you his own will and works in the world. This is the solution that I present to you and in the end you will find that there is no other."

[. . .]

"This is the great change and transfiguration," runs the message of the Godhead in man, the Avatar, the divine Teacher, "to which I call the elect, and the elect are all who can turn their will away from the ignorance of the natural instruments to the soul's deepest experience, its knowledge of the inner self and spirit, its contact with the Godhead, its power to enter into the Divine. The elect are all who can accept this faith and this greater law. It is difficult indeed to accept for the human intellect attached always to its own cloud-forms and half lights of ignorance and to the yet obscurer habits of man's mental, nervous and physical parts; but once received it is a great and sure and saving way, because it is identical with the true truth of man's being and it is the authentic movement of his inmost and supreme nature.

"But the change is a very great one, an enormous transformation, and it cannot be done without an entire turning and conversion of your whole being and nature. There will be needed a complete consecration of your self and your nature and your life to the Highest and to nothing else but the Highest; for all must be held only for the sake of the Highest, nothing accepted except as it is in God and a form of God and for the sake of the Divine. There will be needed an admission of new truth, an entire turn and giving of your mind to a new knowledge of self and others and world and God and soul and Nature, a knowledge of oneness, a knowledge of universal Divinity, which will be at first an acceptance by the understanding but must become in the end a vision, a consciousness, a permanent state of the soul and the frame of its movements.

"There will be needed a will that shall make this new knowledge, vision, consciousness a motive of action and the sole motive. And it must be the motive not of an action grudging, limited, confined to a few necessary operations of Nature or to the few things that seem helpful to a formal perfection, apposite to a religious turn or to an individual salvation, but rather all action of human life taken up by the

equal spirit and done for the sake of God and the good of all creatures. There will be needed an uplifting of the heart in a single aspiration to the Highest, a single love of the Divine Being, a single God-adoration. And there must be a widening too of the calmed and enlightened heart to embrace God in all beings. There will be needed a change of the habitual and normal nature of man as he is now to a supreme and divine spiritual nature. There will be needed in a word a Yoga which shall be at once a Yoga of integral knowledge, a Yoga of the integral will and its works, a Yoga of integral love, adoration and devotion and a Yoga of an integral spiritual perfection of the whole being and of all its parts and states and powers and motions.

“What then is this knowledge that will have to be admitted by the understanding, supported by the soul’s faith and made real and living to the mind, heart and life? It is the knowledge of the supreme Soul and Spirit in its oneness and its wholeness. It is the knowledge of One who is for ever, beyond Time and Space and name and form and world, high beyond his own personal and impersonal levels and yet from whom all this proceeds, One whom all manifests in manifold Nature and her multitude of figures. It is the knowledge of him as an impersonal eternal immutable Spirit, the calm and limitless thing we call Self, infinite, equal and always the same, unaffected and unmodified and unchanged amid all this constant changing and all this multitude of individual personalities and soul powers and Nature powers and the forms and forces and eventualities of this transitory and apparent existence. It is the knowledge of him at the same time as the Spirit and Power who seems ever mutable in Nature, the Inhabitant who shapes himself to every form and modifies himself to every grade and degree and activity of his power, the Spirit who, becoming all that is even while he is forever infinitely more than all that is, dwells in man and animal and thing, subject and object, soul and mind and life and matter, every existence and every force and every creature.

“It is not by insisting on this or that side only of the truth that you can practise this Yoga. The Divine whom you have to seek, the Self whom you have to discover, the supreme Soul of whom your soul is an eternal portion, is simultaneously all these things; you have to know them simultaneously in a supreme oneness, enter into all of them at once and in all states and all things see Him alone. If he were solely the Spirit mutable in Nature, there would be only an eternal and universal becoming. If you limit your faith and knowledge to that one aspect, you will never go beyond your personality and its constant changeable figures; on such a foundation you would be bound altogether in the revolutions of Nature. But you are not merely a succession of soul moments in Time. There is an impersonal self in you which supports the stream of your personality and is one with God’s vast and impersonal spirit. And incalculable beyond this impersonality and personality, dominating these two constant poles of what you are here, you are eternal and transcendent in the Eternal Transcendence.

“If, again, there were only the truth of an eternal impersonal self that neither acts nor creates, then the world and your soul would be illusions without any real

basis. If you limit your faith and knowledge to this one lonely aspect, the renunciation of life and action is your only resource. But God in the world and you in the world are realities; the world and you are true and actual powers and manifestations of the Supreme. Therefore accept life and action and do not reject them. One with God in your impersonal self and essence, an eternal portion of the Godhead turned to him by the love and adoration of your spiritual personality for its own Infinite, make of your natural being what it is intended to be, an instrument of works, a channel, a power of the Divine. That it always is in its truth, but now unconsciously and imperfectly, through the lower nature, doomed to a disfigurement of the Godhead by your ego. Make it consciously and perfectly and without any distortion by ego a power of the Divine in his supreme spiritual nature and a vehicle of his will and his works. In this way you will live in the integral truth of your own being and you will possess the integral God-union, the whole and flawless Yoga.

“The Supreme is the Purushottama, eternal beyond all manifestation, infinite beyond all limitation by Time or Space or Causality or any of his numberless qualities and features. But this does not mean that in his supreme eternity he is unconnected with all that happens here, cut off from world and Nature, aloof from all these beings. He is the supreme ineffable Brahman, he is impersonal self, he is all personal existences. Spirit here and life and matter, soul and Nature and the works of Nature are aspects and movements of his infinite and eternal existence. He is the supreme transcendent Spirit and all comes into manifestation from him and are his forms and his self-powers. As the one self he is here all-pervasive and equal and impersonal in man and animal and thing and object and every force of Nature. He is the supreme Soul and all souls are tireless flames of this one Soul. All living beings are in their spiritual personality deathless portions of the one Person or Purusha. He is the eternal Master of all manifested existence, Lord of the worlds and their creatures. He is the omnipotent originator of all actions, not bound by his works, and to him go all action and effort and sacrifice. He is in all and all are in him; he has become all and yet too he is above all and not limited by his creations. He is the transcendent Divine; he descends as the Avatar; he is manifest by his power in the Vibhuti; he is the Godhead secret in every human being. All the gods whom men worship are only personalities and forms and names and mental bodies of the one Divine Existence.

“The Supreme has manifested the world from his spiritual essence and in his own infinite existence and manifested himself too variously in the world. All things are his powers and figures and to the powers and figures of him there is no end, because he himself is infinite. As a pervading and containing impersonal self-existence he informs and sustains equally and without any partiality, preference or attachment to any person or thing or happening or feature all this infinite manifestation in Time and the universe. This pure and equal Self does not act, but supports impartially all the action of things. And yet it is the Supreme, but as the cosmic Spirit and the Time Spirit, who wills and conducts and determines the action of the

world through his multitudinous power-to-be, that power of the Spirit which we call Nature. He creates, sustains and destroys his creations. He is seated too in the heart of every living creature and from there as a secret Power in the individual, no less than from his universal presence in the Cosmos, he originates by force of Nature, manifests some line of his mystery in quality of nature and in executive energy of nature, shapes each thing and being separately according to its kind and initiates and upholds all action. It is this transcendent first origination from the Supreme and this constant universal and individual manifestation of Him in things and beings which makes the complex character of the cosmos.

“There are always these three eternal states of the Divine Being. There is always and for ever this one eternal immutable self-existence which is the basis and support of existent things. There is always and for ever this Spirit mutable in Nature manifested by her as all these existences. There is always and for ever this transcendent Divine who can be both of these others at once, can be a pure and silent Spirit and at the same time the active soul and life of the cycles of the universe, because he is something other and more than these two whether taken separately or together. In us is the Jiva, a spirit of this Spirit, a conscious power of the Supreme. He is one who carries in his deepest self the whole of the immanent Divine and in Nature lives in the universal Divine, — no temporary creation but an eternal soul acting and moving in the eternal Self, in the eternal Infinite.

“This conscient soul in us can adopt either of these three states of the Spirit. Man can live here in the mutability of Nature and in that alone. Ignorant of his real self, ignorant of the Godhead within him, he knows only Nature: he sees her as a mechanical executive and creative Force and sees himself and others as her creations, — egos, separated existences in her universe. It is thus, superficially, that he now lives and, while it is so and until he exceeds this outer consciousness and knows what is within him, all his thought and science can only be a shadow of light thrown upon screens and surfaces. This ignorance is possible, is even imposed, because the Godhead within is hidden by the veil of his own power. His greater reality is lost to our view by the completeness with which he has identified himself in a partial appearance with his creations and images and absorbed the created mind in the deceptive workings of his own Nature. And it is possible also because the real, the eternal, the spiritual Nature which is the secret of things in themselves is not manifest in their outward phenomena. The Nature which we see when we look outwards, the Nature which acts in our mind and body and senses is a lower Force, a derivation, a Magician who creates figures of the Spirit but hides the Spirit in its figures, conceals the truth and makes men look upon masks, a Force which is only capable of a sum of secondary and depressed values, not of the full power and glory and ecstasy and sweetness of the manifestation of the Divine. This Nature in us is a Maya of the ego, a tangle of the dualities, a web of ignorance and the three gunas. And so long as the soul of man lives in the surface fact of mind and life and body and not in his self and

spirit, he cannot see God and himself and the world as they really are, cannot overcome this Maya, but must do what he can with its terms and figures.

“It is possible by drawing back from the lower turn of his nature in which man now lives, to awake from this light that is darkness and live in the luminous truth of the eternal and immutable self-existence. Man then is no longer bound up in his narrow prison of personality, no longer sees himself as this little I that thinks and acts and feels and struggles and labours for a little. He is merged in the vast and free impersonality of the pure spirit; he becomes the Brahman; he knows himself as one with the one self in all things. He is no longer aware of ego, no longer troubled by the dualities, no longer feels anguish of grief or disturbance of joy, is no longer shaken by desire, is no longer troubled by sin or limited by virtue. Or if the shadows of these things remain, he sees and knows them only as Nature working in her own qualities and does not feel them to be the truth of himself in which he lives. Nature alone acts and works out her mechanical figures: but the pure spirit is silent, inactive and free. Calm, untouched by her workings, it regards them with a perfect equality and knows itself to be other than these things. This spiritual state brings with it a still peace and freedom but not the dynamic divinity, not the integral perfection; it is a great step, but it is not the integral God-knowledge and self-knowledge.

“A perfect perfection comes only by living in the supreme and the whole Divine. Then the soul of man is united with the Godhead of which it is a portion; then it is one with all beings in the self and spirit, one with them both in God and in Nature; then it is not only free but complete, plunged in the supreme felicity, ready for its ultimate perfection. He still sees the self as an eternal and changeless Spirit silently supporting all things; but he sees also Nature no longer as a mere mechanical force that works out things according to the mechanism of the gunas, but as a power of the Spirit and the force of God in manifestation. He sees that the lower Nature is not the inmost truth of the spirit's action; he becomes aware of a highest spiritual nature of the Divine in which is contained the source and the yet to be realised greater truth of all that is imperfectly figured now in mind, life and body. Arisen from the lower mental to this supreme spiritual nature, he is delivered there from all ego. He knows himself as a spiritual being, in his essence one with all existences and in his active nature a power of the one Godhead and an eternal soul of the transcendent Infinite. He sees all in God and God in all; he sees all things as Vasudeva. He is delivered from the dualities of joy and grief, from the pleasant and the unpleasant, from desire and disappointment, from sin and virtue. All henceforth is to his conscious sight and sense the will and working of the Divine. He lives and acts as a soul and portion of the universal consciousness and power; he is filled with the transcendent divine delight, a spiritual Ananda. His action becomes the divine action and his status the highest spiritual status.

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“This is the solution, this the salvation, this the perfection that I offer to all those who can listen to a divine voice within them and are capable of this faith and knowledge. But to climb to this pre-eminent condition the first necessity, the original radical step is to turn away from all that belongs to your lower Nature and fix yourself by concentration of the will and intelligence on that which is higher than either will or intelligence, higher than mind and heart and sense and body. And first of all you must turn to your own eternal and immutable self, impersonal and the same in all creatures. So long as you live in ego and mental personality, you will always spin endlessly in the same rounds and there can be no real issue. Turn your will inward beyond the heart and its desires and the sense and its attractions; lift it upward beyond the mind and its associations and attachments and its bounded wish and thought and impulse. Arrive at something within you that is eternal, ever unchanged, calm, unperturbed, equal, impartial to all things and persons and happenings, not affected by any action, not altered by the figures of Nature. Be that, be the eternal self, be the Brahman. If you can become that by a permanent spiritual experience, you will have an assured basis on which you can stand delivered from the limitations of your mind-created personality, secure against any fall from peace and knowledge, free from ego.

“Thus to impersonalise your being is not possible so long as you nurse and cherish and cling to your ego or anything that belongs to it. Desire and the passions that arise from desire are the principal sign and knot of ego. It is desire that makes you go on saying I and mine and subjects you through a persistent egoism to satisfaction and dissatisfaction, liking and disliking, hope and despair, joy and grief, to your petty loves and hatreds, to wrath and passion, to your attachment to success and things pleasant and to the sorrow and suffering of failure and of things unpleasant. Desire brings always confusion of mind and limitation of the will, an egoistic and distorted view of things, a failure and clouding of knowledge. Desire and its preferences and violences are the first strong root of sin and error. There can be while you cherish desire no assured stainless tranquillity, no settled light, no calm pure knowledge. There can be no right being — for desire is a perversion of the spirit — and no firm foundation for right thought, action and feeling. Desire, if permitted to remain under whatever colour, is a perpetual menace even to the wisest and can at any moment subtly or violently cast down the mind from even its firmest and most surely acquired foundation. Desire is the chief enemy of spiritual perfection.

“Slay then desire; put away attachment to the possession and enjoyment of the outwardness of things. Separate yourself from all that comes to you as outward touches and solicitations, as objects of the mind and senses. Learn to bear and reject all the rush of the passions and to remain securely seated in your inner self even while they rage in your members, until at last they cease to affect any part of your nature. Bear and put away similarly the forceful attacks and even the slightest insinuating touches of joy and sorrow. Cast away liking and disliking, destroy

preference and hatred, root out shrinking and repugnance. Let there be a calm indifference to these things and to all the objects of desire in all your nature. Look on them with the silent and tranquil regard of an impersonal spirit.

“The result will be an absolute equality and the power of unshakable calm that the universal spirit maintains in front of its creations, facing ever the manifold action of Nature. Look with equal eyes; receive with an equal heart and mind all that comes to you, success and failure, honour and dishonour, the esteem and love of men and their scorn and persecution and hatred, every happening that would be to others a cause of joy and every happening that would be to others a cause of sorrow. Look with equal eyes on all persons, on the good and the wicked, on the wise and the foolish, on the Brahmin and the outcaste, on man at his highest and every pettiest creature. Meet equally all men whatever their relations to you, friend and ally, neutral and indifferent, opponent and enemy, lover and hater. These things touch the ego and you are called to be free from ego. These are personal relations and you have to observe all with the deep regard of the impersonal spirit. These are temporal and personal differences which you have to see but not be influenced by them; for you must fix not on these differences but on that which is the same in all, on the one self which all are, on the Divine in every creature and on the one working of Nature which is the equal will of God in men and things and energies and happenings and in all endeavour and result and whatever outcome of the world's labour.

“Action will still be done in you because Nature is always at work; but you must learn and feel that your self is not the doer of the action. Observe simply, observe unmoved the working of Nature and the play of her qualities and the magic of the gunas. Observe unmoved this action in yourself; look on all that is being done around you and see that it is the same working in others. Observe that the result of your works and theirs is constantly other than you or they desired or intended, not theirs, not yours, but omnipotently fixed by a greater Power that wills and acts here in universal Nature. Observe too that even the will in your works is not yours but Nature's. It is the will of the ego sense in you and is determined by the predominant quality in your composition which she has developed in the past or else brings forward at the moment. It depends on the play of your natural personality and that formation of Nature is not your true person. Draw back from this external formation to your inner silent self; you will see that you the Purusha are inactive, but Nature continues to do always her works according to her gunas. Fix yourself in this inner inactivity and stillness: no longer regard yourself as the doer. Remain seated in yourself above the play, free from the perturbed action of the gunas. Live secure in the purity of an impersonal spirit, live untroubled by the mortal waves that persist in your members.

“If you can do this, then you will find yourself uplifted into a great release, a wide freedom and a deep peace. Then you will be aware of God and immortal, possessed of your dateless self-existence, independent of mind and life and body,

sure of your spiritual being, untouched by the reactions of Nature, unstained by passion and sin and pain and sorrow. Then you will depend for your joy and desire on no mortal or outward or worldly thing, but will possess inalienably the self-sufficient delight of a calm and eternal spirit. Then you will have ceased to be a mental creature and will have become spirit illimitable, the Brahman. And into this eternity of the silent self, rejecting from your mind all seed of thought and all root of desire, rejecting the figure of birth in the body, you can pass at your end by concentration in the pure Eternal and a mighty transference of your consciousness to the Infinite, the Absolute.

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“This however is not all the truth of the Yoga and this end and way of departure, though a great end and a great way, is not the thing I propose to you. For I am the eternal Worker within you and I ask of you works. I demand of you not a passive consent to a mechanical movement of Nature from which in your self you are wholly separated, indifferent and aloof, but action complete and divine, done as the willing and understanding instrument of the Divine, done for God in you and others and for the good of the world. This action I propose to you, first no doubt as a means of perfection in the supreme spiritual Nature, but as a part too of that perfection. Action is a part of the integral knowledge of God, of his greater mysterious truth and of an entire living in the Divine; action can and should be continued even after perfection and freedom are won. I ask of you the action of the Jivanmukta, the works of the Siddha. Something has to be added to the Yoga already described, — for that was only a first Yoga of knowledge. There is also a Yoga of action in the illumination of God-experience; works can be made one spirit with knowledge. For works done in a total self-vision and God-vision, a vision of God in the world and of the world in God are themselves a movement of knowledge, a movement of light, an indispensable means and an intimate part of spiritual perfection.

“Therefore now to the experience of a high impersonality add too this knowledge that the Supreme whom one meets as the pure silent Self can be met also as a vast dynamic Spirit who originates all works and is Lord of the worlds and the Master of man’s action and endeavour and sacrifice. This apparently self-acting mechanism of Nature conceals an immanent divine Will that compels and guides it and shapes its purposes. But you cannot feel or know that Will while you are shut up in your narrow cell of personality, blinded and chained to your viewpoint of the ego and its desires. For you can wholly respond to it only when you are impersonalised by knowledge and widened to see all things in the self and in God and the self and God in all things. All becomes here by the power of the Spirit; all do their works by the immanence of God in things and his presence in the heart of every creature.

The Creator of the worlds is not limited by his creations; the Lord of works is not bound by his works; the divine Will is not attached to its labour and the results of its labour: for it is omnipotent, all-possessing and all-blissful. But still the Lord looks down on his creations from his transcendence; he descends as the Avatar; he is here in you; he rules from within all things in the steps of their nature. And you too must do works in him, after the way and in the steps of the divine nature, untouched by limitation, attachment or bondage. Act for the best good of all, act for the maintenance of the march of the world, for the support or the leading of its peoples. The action asked of you is the action of the liberated Yogin; it is the spontaneous output of a free and God-held energy, it is an equal-minded movement, it is a selfless and desireless labour.

“The first step on this free, this equal, this divine way of action is to put from you attachment to fruit and recompense and to labour only for the sake of the work itself that has to be done. For you must deeply feel that the fruits belong not to you but to the Master of the world. Consecrate your labour and leave its returns to the Spirit who manifests and fulfils himself in the universal movement. The outcome of your action is determined by his will alone and whatever it be, good or evil fortune, success or failure, it is turned by him to the accomplishment of his world purpose. An entirely desireless and disinterested working of the personal will and the whole instrumental nature is the first rule of Karmayoga. Demand no fruit, accept whatever result is given to you; accept it with equality and a calm gladness: successful or foiled, prosperous or afflicted, continue unafraid, untroubled and unwavering on the steep path of the divine action.

“This is no more than the first step on the path. For you must be not only unattached to results, but unattached also to your labour. Cease to regard your works as your own; as you have abandoned the fruits of your work, so you must surrender the work also to the Lord of action and sacrifice. Recognise that your nature determines your action; your nature rules the immediate motion of your Swabhava and decides the expressive turn and development of your spirit in the paths of the executive force of Prakriti. Bring in no longer any self-will to confuse the steps of your mind in following the Godward way. Accept the action proper to your nature. Make of all you do from the greatest and most unusual effort to the smallest daily act, make of each act of your mind, each act of your heart, each act of your body, of every inner and outer turn, of every thought and will and feeling, of every step and pause and movement, a sacrifice to the Master of all sacrifice and Tapasya.

“Next know that you are an eternal portion of the Eternal and the powers of your nature are nothing without him, nothing if not his partial self-expression. It is the Divine Infinite that is being progressively fulfilled in your nature. It is the supreme power-to-be, it is the Shakti of the Lord that shapes and takes shape in your swabhava. Give up then all sense that you are the doer; see the Eternal alone as the doer of the

action. Let your natural being be an occasion, an instrument, a channel of power, a means of manifestation. Offer up your will to him and make it one with his eternal will: surrender all your actions in the silence of your self and spirit to the transcendent Master of your nature. This cannot be really done or done perfectly so long as there is any ego sense in you or any mental claim or vital clamour. Action done in the least degree for the sake of the ego or tinged with the desire and will of the ego is not a perfect sacrifice. Nor can this great thing be well and truly done so long as there is inequality anywhere or any stamp of ignorant shrinking and preference. But when there is a perfect equality to all works, results, things and persons, a surrender to the Highest and not to desire or ego, then the divine Will determines without stumbling or deflection and the divine Power executes freely without any nether interference or perverting reaction all works in the purity and safety of your transmuted nature. To allow your every act to be shaped through you by the divine Will in its immaculate sovereignty is the highest degree of the perfection that comes by doing works in Yoga. That done, your nature will follow its cosmic walk in a complete and constant union with the Supreme, express the highest Self, obey the Ishwara.

“This way of divine works is a far better release and a more perfect way and solution than the physical renunciation of life and works. A physical abstinence is not entirely possible and is not in the measure of its possibility indispensable to the spirit's freedom; it is besides a dangerous example, for it exerts a misleading influence on ordinary men. The best, the greatest set the standard which the rest of humanity strive to follow. Then since action is the nature of the embodied spirit, since works are the will of the eternal Worker, the great spirits, the master minds should set this example. World-workers should they be, doing all works of the world without reservation, God-workers free, glad and desireless, liberated souls and natures.

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“The mind of knowledge and the will of action are not all; there is within you a heart whose demand is for delight. Here too in the heart's power and illumination, in its demand for delight, for the soul's satisfaction your nature must be turned, transformed and lifted to one conscious ecstasy with the Divine. The knowledge of the impersonal self brings its own Ananda; there is a joy of impersonality, a singleness of joy of the pure spirit. But an integral knowledge brings a greater triple delight. It opens the gates of the Transcendent's bliss; it releases into the limitless delight of a universal impersonality; it discovers the rapture of all this multitudinous manifestation: for there is a joy of the Eternal in Nature. This Ananda in the Jiva, a portion here of the Divine, takes the form of an ecstasy founded in the Godhead who is his source, in his supreme self, in the Master of his existence. An entire God-love and adoration extends to a love of the world and all its forms and powers and creatures;

in all the Divine is seen, is found, is adored, is served or is felt in oneness. Add to knowledge and works this crown of the eternal triune delight; admit this love, learn this worship; make it one spirit with works and knowledge. That is the apex of the perfect perfection.

“This Yoga of love will give you a highest potential force for spiritual largeness and unity and freedom. But it must be a love which is one with God-knowledge. There is a devotion which seeks God in suffering for consolation and succour and deliverance; there is a devotion which seeks him for his gifts, for divine aid and protection and as a fountain of the satisfaction of desire; there is a devotion that, still ignorant, turns to him for light and knowledge. And so long as one is limited to these forms, there may persist even in their highest and noblest Godward turn a working of the three gunas. But when the God-lover is also the God-knower, the lover becomes one self with the Beloved; for he is the chosen of the Most High and the elect of the Spirit. Develop in yourself this God-engrossed love; the heart spiritualised and lifted beyond the limitations of its lower nature will reveal to you most intimately the secrets of God's immeasurable being, bring into you the whole touch and influx and glory of his divine Power and open to you the mysteries of an eternal rapture. It is perfect love that is the key to a perfect knowledge.

“This integral God-love demands too an integral work for the sake of the Divine in yourself and in all creatures. The ordinary man does works in obedience to some desire sinful or virtuous, some vital impulse low or high, some mental choice common or exalted or from some mixed mind and life motive. But the work done by you must be free and desireless; work done without desire creates no reaction and imposes no bondage. Done in a perfect equality and an unmoved calm and peace, but without any divine passion, it is at first the fine yoke of a spiritual obligation, *kartavyam karma*, then the uplifting of a divine sacrifice; at its highest it can be the expression of a calm and glad acquiescence in active oneness. The oneness in love will do much more: it will replace the first impassive calm by a strong and deep rapture, not the petty ardour of egoistic desire but the ocean of an infinite Ananda. It will bring the moving sense and the pure and divine passion of the presence of the Beloved into your works; there will be an insistent joy of labour for God in yourself and for God in all beings. Love is the crown of works and the crown of knowledge.

“This love that is knowledge, this love that can be the deep heart of your action, will be your most effective force for an utter consecration and complete perfection. An integral union of the individual's being with the Divine Being is the condition of a perfect spiritual life. Turn then altogether towards the Divine; make one with him by knowledge, love and works all your nature. Turn utterly towards him and give up ungrudgingly into his hands your mind and your heart and your will, all your consciousness and even your very senses and body. Let your consciousness be sovereignly moulded by him into a flawless mould of his divine consciousness. Let your heart become a lucid or flaming heart of the Divine. Let your will be

an impeccable action of his will. Let your very sense and body be the rapturous sensation and body of the Divine. Adore and sacrifice to him with all you are; remember him in every thought and feeling, every impulsion and act. Persevere until all these things are wholly his and he has taken up even in most common and outward things as in the inmost sacred chamber of your spirit his constant transmuting presence.

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“This triune way is the means by which you can rise entirely out of your lower into your supreme spiritual nature. That is the hidden superconscient nature in which the Jiva, a portion of the high Infinite and Divine and intimately one in law of being with him, dwells in his Truth and not any longer in an externalised Maya. This perfection, this unity can be enjoyed in its own native status, aloof in a supreme supracosmic existence: but here also you may and should realise it, here in the human body and physical world. It is not enough for this end to be calm, inactive and free from the gunas in the inner self and to watch and allow indifferently their mechanical action in the outer members. For the active nature as well as the self has to be given to the Divine and to become divine. All that you are must grow into one law of being with the Purushottama, *sādharmya*; all must be changed into my conscious spiritual becoming, *mad-bhāva*. A completest surrender must be there. Take refuge with Me in all the many ways and along all the living lines of your nature; for that alone will bring about this great change and perfection.

“This high consummation of the Yoga will at once solve or rather it will wholly remove and destroy at its roots the problem of action. Human action is a thing full of difficulties and perplexities, tangled and confused like a forest with a few more or less obscure paths cut into it rather than through it; but all this difficulty and entanglement arises from the single fact that man lives imprisoned in the ignorance of his mental, vital and physical nature. He is compelled by its qualities and yet afflicted with responsibility in his will because something in him feels that he is a soul who ought to be what now he is not at all or very little, master and ruler of his nature. All his laws of living, all his dharmas must be under these conditions imperfect, temporary and provisional and at best only partly right or true. His imperfections can cease only when he knows himself, knows the real nature of the world in which he lives and, most of all, knows the Eternal from whom he comes and in whom and by whom he exists. When he has once achieved a true consciousness and knowledge, there is no longer any problem; for then he acts freely out of himself and lives spontaneously in accordance with the truth of his spirit and his highest nature. At its fullest, at the highest height of this knowledge it is not he who acts but the Divine, the One eternal and infinite who acts in him and through him in

his liberated wisdom and power and perfection.

“Man in his natural being is a sattwic, rajasic and tamasic creature of Nature. According as one or other of her qualities predominates in him, he makes and follows this or that law of his life and action. His tamasic, material, sensational mind subject to inertia and fear and ignorance either obeys partly the compulsion of its environment and partly the spasmodic impulses of its desires or finds a protection in the routine following of a dull customary intelligence. The rajasic mind of desire struggles with the world in which it lives and tries to possess always new things, to command, battle, conquer, create, destroy, accumulate. Always it goes forward tossed between success and failure, joy and sorrow, exultation or despair. But in all, whatever law it may seem to admit, it follows really only the law of the lower self and ego, the restless, untired, self-devouring and all-devouring mind of the Asuric and Rakshasic nature. The sattwic intelligence surmounts partly this state, sees that a better law than that of desire and ego must be followed and erects and imposes on itself a social, an ethical, a religious rule, a Dharma, a Shastra. This is as high as the ordinary mind of man can go, to erect an ideal or practical rule for the guidance of the mind and will and as faithfully as possible observe it in life and conduct. This sattwic mind must be developed to its highest point where it succeeds in putting away the mixture of ego motive altogether and observes the Dharma for its own sake as an impersonal social, ethical or religious ideal, the thing disinterestedly to be done solely because it is right, *kartavyam karma*.

“The real truth of all this action of Prakriti is, however, less outwardly mental and more inwardly subjective. It is this that man is an embodied soul involved in material and mental nature, and he follows in it a progressive law of his development determined by an inner law of his being; his cast of spirit makes out his cast of mind and life, his swabhava. Each man has a swadharma, a law of his inner being which he must observe, find out and follow. The action determined by his inner nature, that is his real Dharma. To follow it is the true law of his development; to deviate from it is to bring in confusion, retardation and error. That social, ethical, religious or other law and ideal is best for him always which helps him to observe and follow out his Swadharma.

“All this action however is even at its best subject to the ignorance of the mind and the play of the gunas. It is only when the soul of man finds itself that he can overpass and erase from his consciousness the ignorance and the confusion of the gunas. It is true that even when you have found yourself and live in your self, your nature will still continue on its old lines and act for a time according to its inferior modes. But now you can follow that action with a perfect self-knowledge and can make of it a sacrifice to the Master of your existence. Follow then the law of your Swadharma, do the action that is demanded by your Swabhava whatever it may be. Reject all motive of egoism, all initiation by self-will, all rule of desire, until you can make the complete surrender of all the ways of your being to the Supreme.

“And when you are once able to do that sincerely, that will be the moment to renounce the initiation of your acts without exception into the hands of the supreme Godhead within you. Then you will be released from all laws of conduct, liberated from all dharmas. The Divine Power and Presence within you will free you from sin and evil and lift you far above human standards of virtue. For you will live and act in the absolute and spontaneous right and purity of the spiritual being and the immaculate force of the divine nature. The Divine and not you will enact his own will and works through you, not for your lower personal pleasure and desire, but for the world-purpose and for your divine good and the manifest or secret good of all. Inundated with light, you will see the form of the Godhead in the world and in the works of Time, know his purpose and hear his command. Your nature will receive as an instrument his will only whatever it may be and do it without question, because there will come with each initiation of your acts from above and within you an imperative knowledge and an illumined assent to the divine wisdom and its significance. The battle will be his, his the victory, his the empire.

“This will be your perfection in the world and the body, and beyond these worlds of temporal birth the supreme eternal superconsciousness will be yours and you will dwell for ever in the highest status of the Supreme Spirit. The cycles of incarnation and the fear of mortality will not distress you; for here in life you will have accomplished the expression of the Godhead, and your soul, even though it has descended into mind and body, will already be living in the vast eternity of the Spirit.

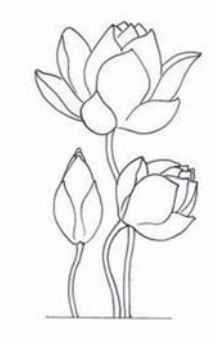
“This then is the supreme movement, this complete surrender of your whole self and nature, this abandonment of all dharmas to the Divine who is your highest Self, this absolute aspiration of all your members to the supreme spiritual nature. If you can once achieve it, whether at the outset or much later on the way, then whatever you are or were in your outward nature, your way is sure and your perfection inevitable. A supreme Presence within you will take up your Yoga and carry it swiftly along the lines of your swabhava to its consummate completion. And afterwards whatever your way of life and mode of action, you will be consciously living, acting and moving in him and the Divine Power will act through you in your every inner and outer motion. This is the supreme way because it is the highest secret and mystery and yet an inner movement progressively realisable by all. This is the deepest and most intimate truth of your real, your spiritual existence.”

(S19: 572-94)

The last word of the Gita

The supreme and final word of the Gita for the Yogin is that he should leave all conventional formulas of belief and action, all fixed and external rules of conduct, all constructions of the outward or surface Nature, dharmas, and take refuge in the

Divine alone. Free from desire and attachment, one with all beings, living in the infinite Truth and Purity and acting out of the profoundest deeps of his inner consciousness, governed by his immortal, divine and highest Self, all his works will be directed by the Power within through that essential spirit and nature in us which, knowing, warring, working, loving, serving, is always divine, towards the fulfilment of God in the world, an expression of the Eternal in Time. (S23: 274-75)





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